



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST *In the Diocese of Plymouth*

The 2nd Sunday of Advent

Schedule For Immaculate Conception:

Solemn Mass in Plymouth at 11.30am. Low Mass in Torquay at 7pm.

Sung Mass at 8am Lanherne. Low Mass at 6.15pm Lanherne.

Schedule for Christmas

Holy Angels:

Christmas Eve: 8.30am Prime 9.30am Low Mass
6pm Matins, 10pm Carols,
10.30pm Sung Mass

Christmas Day: 10.30am Sung Mass

St Edwards: Christmas Day 8.30am Low Mass

Lanherne:

Christmas Eve: 7am Prime, 8am Low Mass
11:59pm Midnight Mass (Sung)

Christmas Day: 8.30am Low Mass
10am Sung Mass 7pm Vespers

'Silence in Prayer'

Dear faithful we shall start with the words of Our Lord Jesus Christ:

"And he said to them: Come apart into a desert place, and rest a while". (Mark 6:31)

Hence Jesus is calling us to a place where we can be at peace. For what reason you may ask?

"And rising very early, going out, he went into a desert space: and there he prayed". (Mark 1:35)

In to a desert to pray. A quiet place, where silence allowed Jesus to listen for the voice of God and to pray to his Father.

The 4th of December 2022



Continual prayer for example, does not mean saying prayers without stopping. It is an expression of being with God ceaselessly, to let God dwell always in our hearts and to be aware of that indwelling.

In order to achieve this, let silence envelope us, so that God can be heard.

In his book 'The power of silence' Cardinal Sarah states:

"We often forget that Christ loved to be silent. He set out for the desert, not to go into exile, but to encounter God". (The Power of Silence. 141)

Therefore, is this not an invitation for the faithful to listen to the words of his Eminence and follow

the example of Christ? For in truth, does not a pious person love silence?

“There is.... A time to keep silence, and a time to speak”. (Eccles 3:7)

Saint Gregory of Nyssa remarks on this piece of Scripture:

“The time to keep silence is mentioned first, because by silence we learn the art of speaking well”.

St Chrysostom states:

“Speak only when it is more useful to speak than to be silent”.

First of all therefore, in order to achieve silence, we need to remain silent.

But where, you may well ask, shall we go to find this silence? Where can we truly go to be with God?

Perhaps we get that answer in the Gospel of Matthew.

“But thou when thou shalt pray, enter into thy chamber, and having shut the door, pray to the father in secret” (Matt 6:6)

To be in our private place, our own heart, we need to place ourselves away from the distractions of everyday life. That is, therefore, to find a place of quiet, whether it be a chapel, Oratory, out in a field, or a room in your home. What is needed, as Jesus points out, is a place where you can find peace and quiet.

“Christ often recommends that we withdraw if we want to pray. It must be a remote place, in solitude, so as to be alone. But the question of the external setting cannot avoid the problem of interiority”. (The Power of Silence. 73)

How often do we find when we try to pray or stay silent we are suddenly plagued with a whole host of interior noise.



Whether those thoughts are our needs for the day or a past or future conversation we want to repeatedly run through in our minds. Whatever it maybe, without silence it is impossible to hear God's voice.

Monks and Nuns have a cloister and a rule of silence that protects. While we in this world must try to find a cloister of our own.

What therefore must we do to achieve this silence?

St Benedict in his Monastic rule guides us towards a solution.

“Listen, my son, to your master's precepts, and incline the ear of your heart. (Proverbs 4:20)

That is to remove anything which may hinder that union with God. To listen without any distractions, to subdue that inner noise, to calm the

ego. To listen with the internal 'Ear of the Heart'. For often when we listen only with our two ears we find that it goes straight into one ear and out of the other...

In conclusion therefore; and at this time of Advent, let us reflect on Cardinal Sarah's words:

"Authentic silence, in other words, exterior and interior silence, the absolute silence of the imagination, memory and will, plunges us into divine milieu. Then our whole being belongs to God" (The Power of Silence. Pg 210)

The feast of The Immaculate Conception.



Thursday the 8th December 2022.

According to the Catechism of the Catholic Church:

490. To become the mother of the Saviour, Mary "was enriched by God with gifts appropriate to such a role. The angel Gabriel at the moment of the annunciation salutes her as "full of grace". In fact, in order for Mary to be able to give the free assent of her faith to the announcement of her vocation, it was necessary that she be wholly borne by God's grace.

491. Through the centuries the church has become ever more aware that Mary, "full of grace" through God, was redeemed from the moment of her conception. That is what the dogma of the Immaculate Conception confesses, as Pope Pius IX proclaimed in 1854:

"The most blessed Virgin Mary was, from the first moment of her conception, by a singular grace and privilege of almighty God and by virtue of the merits of Jesus Christ, Saviour of the human race, preserved immune from the stain of original sin".

492. The "splendour of an entirely unique holiness" by which Mary is "enriched from the first instant of her conception" comes wholly from Christ: She is "redeemed, in a more exalted fashion, by reason of the merits of her Son. The Father blessed Mary more than any other created person "in Christ with every spiritual blessing in the heavenly places" and chose her "in Christ before the foundation of the world, to be holy and blameless before him in love".

Christmas Novena of Masses

This Christmas give a spiritual gift by enrolling yourself and your loved ones, in the Novena of Masses offered during the Christmas Octave by the Institute of Christ the King Sovereign Priest in Plymouth.

Each packet contains an enrollment envelope, a card together its envelope. Please ensure that Canon Smith or Canon Tanner has received it before Midnight Mass.

The Sisters of Lanherne are grateful to the Providence of God who supplies their needs through the generous support of the faithful.

Lanherne Nuns

Sort code: 30-98-76

Account: 45742568

Holy Angels

Torquay

Account Name: ICKSP

Account Details: 40-03-33

Account Number: 12333902

Date	At Lanherne	Canon Tanner
	Mass Offered For:	
4	Harrington & Eady Families Benefactors	Zbigniew Klewiado RIP
5	Eileen & Mark & Family	Zbigniew Klewiado RIP
6	Justin Tremain	Zbigniew Klewiado RIP
7	Irene Zlotnicki	Zbigniew Klewiado RIP
8	Claire Buscombe Jolanta Molodecka	Zbigniew Klewiado RIP
9	Jennifer Dudan	Zbigniew Klewiado RIP
10	Mark Night Adams	Zbigniew Klewiado RIP

Rev. Canon Scott Smith
Chaplain of Lanherne Convent
St Mawgan TR8 4ER
mobile : 07366 321039
lanherne@icksp.org.uk

Safeguarding Reps:
Christina Hunt
Sarah Checkley

At Lanherne Convent

Sundays:
8.30am Low Mass
10am Sung Mass
Monday through Saturday:
8am Mass
Thursdays:
8am and 6.15pm Mass

Confession:
Thursdays: 5.15pm-5.45pm
Fridays and Saturdays after Mass

Rev. Canon Scott Tanner, Prior
House of Saint-Richard-Reynolds
Holy Angels Church, Queensway,
Torquay TQ2 6BP
mobile : 07763 277697
torquay@icksp.org.uk
Safeguarding Rep: Katarzyna Adamiak

At Holy Angels

Sundays:
10 -10.15am Confessions
10.30am Sung Mass
5.30pm Vespers & Benediction

Mon. Tues. Thurs. & Fri.
7.30am Lauds & Meditation
8.30am Mass (Mon, Tues, & Thurs.)
12 noon Mass (Friday)
5.30pm Vespers
6pm Adoration (& Confessions)
7pm Compline

Wednesday Mass at 12 noon
Saturday Mass at 8.30am
Plymouth: Sundays at 8.30am