

The Sisters of Lanherne are grateful to the Providence of God who supplies their needs through the generous support of the faithful.

Lanherne Nuns

Sort code: 30-98-76

Account: 45742568

Holy Angels

Collection: £130; Bank transfers: £180

Torquay

Account Name: ICKSP

Account Details: 40-03-33

Account Number: 12333902

Date	At Lanherne	Canon Tanner
	Mass Offered For:	
22	Powell Family Benefactors	Tina Terradillos, Ian MacDonald & Michael Heather RIP
23	Richard Cox RIP	Tina Terradillos, Ian MacDonald & Michael Heather RIP
24	Louise Petitpas	Rachael Carter
25	Mederick Petitpas	Cardinal Burke
26	Lindy Keans Private Intention	Mgr Wach
27	Cn Smith & Abbé Liam	Stuart Morgan RIP
28	Fr Stanislaus Gibzinski	Stuart Morgan RIP

Rev. Canon Scott Smith
Chaplain of Lanherne Convent
St Mawgan TR8 4ER
mobile : 07366 321039
lanherne@icksp.org.uk
Safeguarding Reps:
Christina Hunt
Sarah Checkley

Rev. Canon Scott Tanner, Prior
House of Saint-Richard-
Reynolds
Holy Angels Church,
Queensway, Torquay TQ2 6BP
mobile : 07763 277697
torquay@icksp.org.uk
Safeguarding Rep: Katarzyna
Adamiak

Plymouth: Sundays at 8.30am

At Lanherne Convent

Sundays:
8.30am Low Mass
10am Sung Mass
Monday through Saturday:
8am Mass
Thursdays:
8am and 6.15pm Mass

Confession:
Thursdays: 5.15pm-5.45pm
Fridays and Saturdays after
Mass

At Holy Angels

Sundays:
10 -10.15am Confessions
10.30am Sung Mass
5.30pm Vespers & Benediction

No services Monday -
Thursday this week

Friday
12 noon Mass
5.30pm Vespers
6pm Adoration (&
Confessions)
7pm Compline

Saturday Mass at 8.30am



INSTITUTE OF CHRIST THE KING
SOVEREIGN PRIEST
In the Diocese of Plymouth

Third Sunday after Epiphany.

The 22nd of January 2023

Divinitus Providentia.



(Allegory of Divine Providence. 1633-39. Pietro da Cortona. Fresco. Gran Salone, Palazzo Barberini, Rome.)

Divine Providence.

Dear faithful, we will this week, through the writings of Fr J.P De Caussade, S.J (1675-1751) reflect on the principle of self-abandonment to Divine Providence.

“God is the sovereign master of his plan. But to carry it out he also makes use of his creature’s co-operation... For God grants his creatures not only their existence, but also

the dignity of acting on their own, of being causes and principles for each other, and thus co-operating in the accomplishment of his plan.” (ccc. 306)

“If the work of our sanctification presents us with difficulties apparently so insurmountable, it is because we do not look at it in the right way. In reality holiness consists on one thing alone, namely Fidelity to God’s plan. And this fidelity is equally within everyone’s capacity in both its active and passive practice.

The active practice of fidelity consists in accomplishing the duties imposed on us by the general laws of God and the Church, and by the particular state of life which we have embraced. Passive fidelity consists in the loving acceptance of all that God sends us at every moment.

Which of these two requirements of holiness is beyond our strength? Not active fidelity, since the duties imposed by it cease to be such when they are really beyond our powers. If the state of your health does not allow you to hear Mass, you are under no obligation to do so. It is the same with all positive precepts, namely, those prescribe duties to be done. The only precepts to which no exceptions can be permitted are those which forbid the doing of things that

are evil in themselves, for it is never permissible to do evil.

Can anything be easier or more reasonable? What excuse can we plead? Yet this is all that God demands of the soul in the work of its sanctification. He demands it from the high and the low, from the strong and the weak; in a word, from all, always and everywhere. It is true then that He asks from us only what is simple and easy, for it is sufficient to possess this simple fund of goodwill in order to attain to eminent holiness.

If over and above the commandments He puts before us the counsels as a more perfect goal of our endeavour, He is always careful to accommodate the practice of the counsels to our position and character. The attractions of grace which facilitate the practice of the counsels are the chief sign that He is calling us to follow them. He never presses anyone beyond his strength or aptitudes. Once more, what could be more just?



All you who aim at perfection and are tempted to discouragement by what you read in the lives of the Saints and by what is prescribed in certain books of piety; you who are appalled by the terrible ideas which you form of perfection, it is for your consolation that God wills me write this.

Learn now what you seemingly do not know.

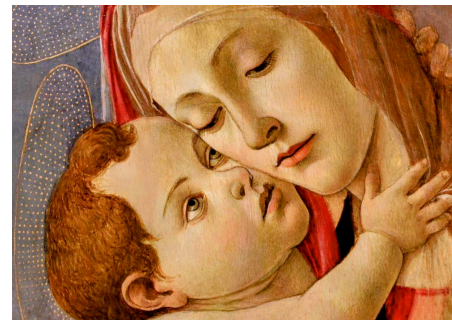
This God of goodness has put within easy reach all the things which are necessary and common in the natural order, such as earth, air and water. Nothing is more necessary than breathing, sleeping and eating; and nothing easier. Love and fidelity are no less necessary in the supernatural order; therefore they can not be so difficult to acquire as is imagined. Look at your life. What is it made of? Of innumerable unimportant actions. It is just with these very things, so trifling in themselves, that God is pleased to be satisfied. They are the share that falls to the soul in the work of its perfection. God Himself makes His meaning too clear for us to doubt this. "Fear God and keep His commandments for this is the whole duty of man." Here is all that a man has to do on his side, here is what active fidelity consists in. If a man fulfills his part, God will do the rest. Grace will take full control of him, and the wonders that it will work in him surpass all man's understanding. For the ear has not heard, nor the eye seen, nor the heart felt what God plans in His mind, resolves upon in His will, and executes by His power in souls that abandon themselves to Him.

The passive part of holiness is even more easy, for it consists merely in accepting what most frequently cannot be avoided, and in suffering with love, that is to say with resignation and sweetness what is too

often endured with weariness and discontent.

Here then once more is the whole of sanctity. Here is the grain of mustard seed of which the fruits are lost because we cannot recognise it on account of its smallness. Here is the drachma of the Gospel parable, the treasure which we never find because we imagine it to be too far away to be sought.

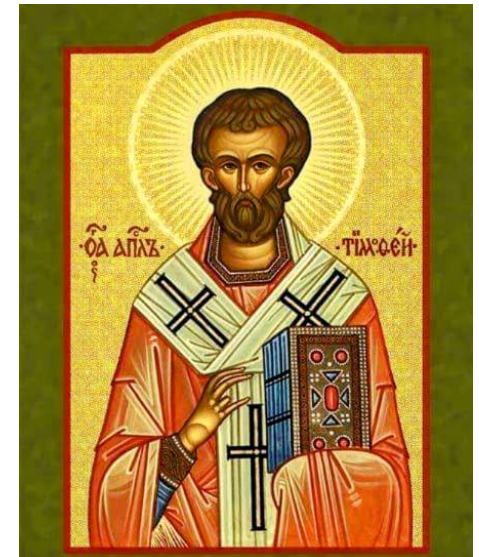
Do not ask me what is the secret of finding this treasure. There is no secret. The treasure is everywhere. It is offered to us at every moment and in every place. All creatures, both friendly and hostile, pour it out with prodigality and make it pervade every faculty of our body and soul, right to the depths of our heart. We have only to open our mouths and they will be filled. Divine activity floods the whole universe, it prevades all creatures; it flows over them. Wherever they are, it is there; it precedes, accompanies and follows them. We have but to allow ourselves to be carried forward on the crest of its wave."



And so dear faithful, let us finally reflect on our Catholic Catechism's enduring words:

"Jesus asks for childlike abandonment to the providence of our heavenly Father who takes care of his children's smallest needs: "Therefore do not be anxious, saying 'What shall we eat? Or 'What shall we drink?' ... Your heavenly Father knows that you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well" (Mt 6:21-33) (ccc. 305)

**Feast of St Timothy. (Bishop, Martyr)
24th January 2023.**



St Timothy of Ephesus, who is the best known disciple of St Paul, was the first Christian Bishop of Ephesus in Asia Minor. He was stoned to death in 97AD.