

# The Spire & the Martyrs

Welcome to St Walburge's or St Thomas of Canterbury!

If you are attending the 10.30am Mass, please join us after Mass in the hall for a cup of hot tea or coffee. Out of respect for this holy place, please dress appropriately and modestly. During the Mass the faithful may receive Holy Communion. To receive Holy Communion (consecrated bread which becomes the body of Christ), you must necessarily be Catholic, fasting for at least 1 hour, and have no serious sins on your conscience that have not been absolved by sacramental absolution.

## I Sunday in Lent

WEEK FROM SUNDAY 6<sup>TH</sup> TO SUNDAY 13<sup>TH</sup> MARCH 2022

### Holy Mass Schedule

#### Sunday

*English Martyrs': 9:00 am*  
*St. Walburge's: 10:30 am*  
*St. Walburge's: 6:30 pm*

#### Weekdays

*See page 4*

#### Confessions Available

*Monday, Tuesday, Thursday, & Friday*  
*6 pm - 6:45 pm*

### Abstinence and Fasting

Abstinence refers to not partaking of meat on Fridays and on Ash Wednesday. Fasting is a reduction in the quantity of food that we consume. To fulfil the Church's fast, one should limit oneself to one full meal per day. It is permissible to take food two other times without snacking between (two collations which do not add up to a full meal). The only mandatory fast days remaining are Ash Wednesday and Good Friday. On other Fridays of Lent, abstinence is mandatory but the fast is not.

### St Walburge's Guilds

Sunday 13<sup>th</sup> March 2022 after 10.30 am Mass

### Ladies' Talk

Saturday 2<sup>nd</sup> of April 2022 at 10 am in the  
Presbytery

### Society of Sacred Heart

Next meeting: Saturday 9<sup>th</sup> April 2022

CONTACT US

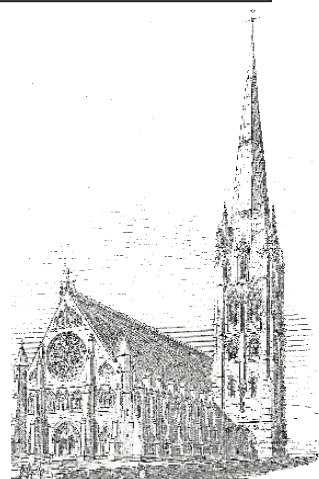
Your Canons are always happy to meet you for  
Spiritual Direction, advice or Confession.

Canon Cristofoli: 07927 965 696

Canon Post: 07856 720 900

Canon Ducret: 07878 170 587

preston@icrsp.org



# Proper of the Mass

## I Sunday in Lent

### INTROIT *Psalm 90. 15-16*

HE shall cry to me, and I will hear him: I will deliver him, and I will glorify him: I will fill him with length of days. Ps. He that dwelleth in the aid of the Most High shall abide under the protection of the God of Heaven. V. Glory be to the Father.

### COLLECT

O GOD, who dost purify Thy Church by the yearly observance of forty days: grant to Thy household that what we strive to obtain from Thee by self denial, we may secure by good works. Through our Lord.

### EPISTLE *2 Corinthians 6. 1-10*

BRETHREN: We exhort you that you receive not the grace of God in vain. For He saith: In an accepted time have I heard thee, and in the day of salvation have I helped thee. Behold, now is the acceptable time, behold now is the day of salvation. Giving no offence to any man, that our ministry be not blamed: but in all things let us exhibit ourselves as the ministers of God, in much patience, in tribulation, in necessities, in distresses, in stripes, in prisons, in seditions, in labours, in watchings, in fastings, in chastity, in knowledge, in long suffering, in sweetness, in the Holy Ghost, in charity unfeigned, in the word of truth, in the power of God: by the armour of justice on the right hand and on the left: by honour and dishonour, by evil report and good report: as deceivers and yet true, as unknown and yet known: as dying, and behold we live: as chastised and not killed: as sorrowful, yet always rejoicing: as needy, yet enriching many: as having nothing and possessing all things.

### GRADUAL *Psalm 90. 11-12*

GOD hath given His angels charge over Thee, to keep Thee in all Thy ways. V. In their hands they shall bear Thee up, lest Thou dash Thy foot against a stone.

### Tract *Psalm 90. 1-7, 11-16*

HE that dwelleth in the aid of the Most High, shall abide under the protection of the God of heaven. V. He shall say to the Lord: Thou art my protector and my refuge: my God, in Him will I trust. V. For He hath delivered me from the snare of the hunters, and from the sharp word. V. He will overshadow thee with His shoulders, and under His wings thou shalt trust. V. His truth shall compass thee with a shield: thou shalt not be afraid of the terror of the night. V. Of the arrow that flieth in the day, of the business that walketh about in the dark, of invasion or of the noonday devil. V. A thousand shall fall at thy side, and ten thousand at thy right hand: but it shall not come nigh thee. V. For He hath given His angels charge over Thee, to keep Thee in all Thy ways. V. In their hands they shall bear Thee up, lest Thou dash Thy foot against a stone. V. Thou shalt walk upon the asp and the basilisk, and Thou shalt trample under foot the lion and the dragon. V. Because he hoped in Me I will deliver him: I will protect him, because he hath known My name. V. He shall cry to Me, and I will hear him: I am with him in tribulation. V. I will deliver him, and I will glorify him: I will fill him with length of days, and I will show him My salvation.

### GOSPEL *Matthew 4. 1-11*

AT that time Jesus was led by the Spirit into the desert, to be tempted by the devil. And when He had fasted forty days and forty nights, afterwards He was hungry. And the tempter coming said to Him: If Thou be the Son of God, command that these stones be made bread. Who answered and said: It is written: Not in bread alone doth man live, but in every word that proceedeth from the mouth of God. Then the devil took Him up into the holy city and set Him upon the pinnacle of the temple, and said to Him: If Thou be the Son of God, cast Thyself down. For it is written: That He hath given His angels charge over Thee, and in their hands shall they bear Thee up, lest perhaps Thou dash Thy foot against a stone. Jesus said to him: It is written again: Thou shalt not tempt the Lord Thy God. Again the devil took Him up into a very high mountain and showed Him all the kingdoms of the world and the glory of them, and said to Him: All these will I give Thee, if falling down Thou wilt adore me. Then Jesus saith to him: Begone, Satan! for it is written: The Lord thy God shalt thou adore, and Him only shalt thou serve. Then the devil left Him: and behold angels came, and ministered to Him.

### OFFERTORY *Psalm 90. 4-5*

THE Lord will overshadow thee with His shoulders, and under His wings thou shalt trust: His truth shall compass thee with a shield.

### SECRET

WE solemnly offer Thee, O Lord, the sacrifice of the beginning of Lent, beseeching Thee, that by refraining from flesh at our meals, we may learn also to avoid sinful pleasures. Through our Lord.

### PREFACE FOR LENT

IT IS truly meet and just, right and availing unto salvation, that we should at all times and in all places give thanks unto Thee, O holy Lord, Father almighty and everlasting God. Who by the fasting of the body dost curb our vices, elevate our minds and bestow virtue and reward; through Christ our Lord. Through whom the angels praise Thy majesty, the dominions worship it, and the powers stand in awe. The heavens and the heavenly hosts, with the blessed seraphim join together in celebrating their joy. With these we pray Thee join our voices also, while we say with lowly praise:

### COMMUNION *Psalm 90. 4-5*

The Lord will overshadow thee with His shoulders, and under His wings thou shalt trust: His truth shall compass thee with a shield.

### POSTCOMMUNION

May the holy partaking of Thy sacrament, restore us, O Lord, and cleansing us from our old life, make us to pass into the fellowship of the mystery of salvation. Through our Lord.

### Weekly Collection

27.02.22

SW loose plate: £229.53 - EM loose plate: £76.00 - Envelopes: £327.50 - Bank Transfers: £188.00 - Total: £821.03

Sponsor a Slate: £60.00

### To Donate

Institute of Christ the King/St Walburge, Charity number: 1144783

To donate to St Walburge's via bank transfer:

Name: ICKSP Sort Code: 40-10-22 Account Number: 52347733

Gift Aid forms or Standing Order forms can be obtained at the Presbytery.

# For Your Information

**\*\* All-day Adoration every Thursday\*\***

## Please Pray

For the sick members of our Shrines:  
Dr & Mrs Smith, Anita, Joyce, Mark,  
Grevor Kerr, Jean,  
the people of Swansea Terrace Care Home  
and many others.

Please let us know your prayer intentions.

## Singing Practice

There will be a 20 minute singing practice in the  
Upper Room after Mass every Sunday.  
All are welcome, young and old. No experience nec-  
essary.

Contact Dr. James Walton for more information:  
prestonsacredmusic@gmail.com

## Lenten Almsgiving

The Rwanda Group Trust, a registered Catholic  
charity based in Preston is seeking to raise funds  
for the poorest of the poor in Rwanda. The situ-  
ation in Rwanda is very serious due to the effects  
of climate change, principally lack of rain and  
higher temperatures resulting in serious food  
shortages.

Certain foods have to be imported and many  
families cannot afford the prices.

We are therefore launching a Lenten appeal in  
which every penny raised will enable families to  
purchase essential items. Our funds also help  
with medical costs, housing and school fees. We  
have no paid employees or overheads.

If you would like further information or to make  
a donation please contact:

Michael Donlan (Trustee) Tel: 07864 990941 or  
email

[rwandagrouptrust.org@gmail.com](mailto:rwandagrouptrust.org@gmail.com)

[www.rwandagrouptrust.blogspot.com](http://www.rwandagrouptrust.blogspot.com)

## Sponsor a Slate

For just £10 you can sponsor a slate and help to fund  
the necessary re-roofing and  
preservation of this iconic shrine church for the genera-  
tions to come!

Perhaps you would like to remember a loved one, cele-  
brate a marriage, wedding anniversary, Christening or  
Confirmation or simply give as a birthday present.

For more info please visit:  
[www.goldengiving.com/fundraising/](http://www.goldengiving.com/fundraising/)  
or scan



Thank you!

## UK Prays

For a peaceful resolution to our current crisis

Please join us for public rosary, every Sunday on the  
Flag Market (near the Cenotaph), 4.30-5.00 p.m.

More details from @uk\_prays,  
[www.ukprays.org](http://www.ukprays.org), or please contact Mr. Simon Platt.

**P**lease can the regular givers who use  
envelopes numbers 3 and 4 speak to Canon  
Cristofoli as soon as possible as there are forms  
to be completed.

Thank you very much!

THE SPIRE AND THE MARTYRS ARE SUPPORTED BY



Historic  
England

HOW TO SUPPORT US



SIGN UP AND RAISE  
FREE DONATIONS FOR  
ST. WALBURGE'S



JOIN  
FRIENDS OF ST. WALBURGE'S



DONATE TO OUR ONLINE PORTAL:

[HTTPS://WWW.GOLDENGIVING.  
COM/W/ST-WALBURGES-SHRINE-  
CHURCH](https://www.goldengiving.com/w/st-walburgess-shrine-church)

|                             |                              |                                   |                               |                         |                                      |  |                                       |                              |
|-----------------------------|------------------------------|-----------------------------------|-------------------------------|-------------------------|--------------------------------------|--|---------------------------------------|------------------------------|
|                             | Sunday<br>6-FEB-2022         | Monday<br>7-FEB-2022              | Tuesday<br>8-FEB-2022         | Wednesday<br>9-FEB-2022 | Thursday<br>10-FEB-2022              | Friday<br>11-FEB-2022                                  | Saturday<br>12-FEB-2022               | Sunday<br>13-FEB-2022        |
| Class Said                  | <b>I Sunday in Lent</b>      | <b>St Thomas Aquinas</b>          | Lenten Feria (St John of God) | Ember Wednesday         | Lenten Feria (40 Martyrs of Sebaste) | Ember Friday   | Ember Saturday                        | <b>II Sunday in Lent</b>     |
| Intentions Canon Cristofoli | Novena Intentions of GZ      | Novena Intentions of GZ           | Novena Intentions of GZ       | Novena Intentions of GZ | Gbierry                              | Lin and Phil Russel                                    | Nicola and Justin Cair                | Barbara Dilik thanksgiving   |
| Intentions Canon Post       | Claude Couldery RJP          | Katherine Couldery RJP            | Gerresa Couldery RJP          | Walther Family          | Walther Family                       | Guidi Family   | Antonio Guidi                         | Brendan and Abigail Post     |
| Intentions Canon Ducret     | Abbé Gabriel                 | Abbé Gabriel                      | Abbé Gabriel                  | Suzanne                 | Stephen Pope                         | Allen Pope   | Éloi                                  | Daureen Sobrino              |
|                             | 9 am<br>Gerce                | 7:30 am<br>Lauds                  | 7:30 am<br>Lauds              | -                       | 7:30 am<br>Lauds                     | 7:30 am<br>Lauds                                       | 7:30 am<br>Lauds                      | 9 am<br>Gerce                |
|                             | 9 am<br>Dass EGD             | 8:30 am<br>Dass SW                | 8:30 am<br>Dass SW            | 8:30 am<br>Dass SW      | 8:30 am<br>Dass SW                   | 8:30 am<br>Dass SW                                     | 8:30 am<br>Dass SW (then confessions) | 9 am<br>Dass EGD             |
| <b>Uckerluj</b>             | <b>10:30 am Sung Mass SW</b> | 12 noon<br>Dass EGD               | 12 noon<br>Dass EGD           | -                       | 12 noon<br>Dass EGD                  | 12 noon<br>Dass EGD                                    | 12 noon<br>Dass EGD                   | <b>10:30 am Sung Mass SW</b> |
|                             | 5.30 pm<br>Solemn Vespers    | 5 pm<br>Solemn Vespers ~ EM       | 5.30 pm<br>Vespers            | -                       | 5.30 pm<br>Vespers                   | 5.30 pm<br>Vespers                                     | 5.30 pm<br>Vespers                    | 5.30 pm<br>Solemn Vespers    |
|                             | 6 pm<br>Benediction          | <b>6 pm Solemn High Mass ~ EM</b> | 6 pm<br>Confession            | -                       | 6 pm<br>Adoration & Confession       | <b>6 pm The Stations of the Cross &amp; Confession</b> | 6 pm<br>Adoration & Benediction       | 6 pm<br>Benediction          |
|                             | 6:30 pm<br>Dass SW           | -                                 | -                             | -                       | 7 pm<br>Compline                     | 7 pm<br>Compline                                       | -                                     | 6:30 pm<br>Dass SW           |
| <b>Scheer-ville</b>         |                              |                                   |                               |                         |                                      |  |                                       |                              |