



# FROM THE SPIRE



News & updates from our Shrine Churches for our community in Preston, Lancashire, England.

## Prayer for the Bishop

O God, Eternal Shepherd, You tend your Church in many ways and rule us with love. You have chosen your servant, Paul, to be shepherd of the flock of Lancaster. Give him a spirit of courage and right judgment, a spirit of knowledge and love. By governing with fidelity those entrusted to his care, may he build your Church as a sign of salvation for the world.

Amen.



## Presbytery Office Hours:

Monday, Tuesday, Thursday,  
Friday and Saturday  
9:30-12 and 2-5

## Saint Benedict's Cultural Centre

saintbenedicts@icksp.org.uk  
www.saintbenedictspreston.com

## Donations:

Institute of Christ the King/St Walburge  
Charity number: 1144783  
Donations via Bank Transfer:  
Name: ICKSP; Sort Code: 40-10-22;  
Account Number: 52347733  
Gift Aid forms and offertory envelopes  
can be obtained at the Presbytery.

## CONTACT US

07927965696 Rev. Can. Cristofoli  
07856720900 Rev. Can. Post  
07878170587 Rev. Can. Ducret  
preston@icksp.org.uk



## OUR LADY OF LOURDES

Dear Faithful,

This Sunday is the Feast of Our Lady of Lourdes, Patroness of the Diocese of Lancaster. The Canons of the Institute remain ever grateful for the kind reception we have received from the local church and particularly for the steady, prayerful leadership of Bishop Paul Swarbrick.

Saint Ignatius of Antioch, whose feast we celebrated at the beginning of February, said: "See that ye all follow the bishop, even as Jesus Christ does the Father, and the presbytery (priests) as ye would the apostles; and reverence the deacons, as being the institution of God. Let no man do anything connected with the Church without the bishop... Wherever the bishop shall appear, there let the multitude [of the people] also be; even as, wherever Jesus Christ is, there is the Catholic Church."

Lent, of course, begins Wednesday. It is preceded by the beautiful devotion of the 40 Hours, ending on Shrove Tuesday (*Shrove* is archaic English for *penance*). It is important to keep in mind that penance is made acceptable to God when united to charity, to Christian love. Whatever exercises you undertake, offer them up to God for others. In particular, you might have it at heart to pray and do penance for the Church as a whole, then the Diocese of Lancaster, then finally, for all of those around us in our community of Saint Walburge's and English Martyrs.

Wishing you a blessed Lent,  
Canon Post

# TRANSLATION OF THE EPISTLE AND GOSPEL

## Feast of Our Lady of Lourdes

### Lesson from the Apocalypse of Saint John

**Apoc. 11:19; 12:1, 10**

And the temple of God was opened in heaven: and the ark of his testament was seen in his temple. And there were lightnings and voices and an earthquake and great hail. And a great sign appeared in heaven: A woman clothed with the sun, and the moon under her feet, and on her head a crown of twelve stars. And I heard a loud voice in heaven, saying: Now is come salvation and strength and the kingdom of our God and the power of his Christ: because the accuser of our brethren is cast forth, who accused them before our God day and night.

### Continuation ✕ of the Holy Gospel according to Luke

**St Luke 1:26-31**

At that time, the angel Gabriel was sent from God into a city of Galilee, called Nazareth, To a virgin espoused to a man whose name was Joseph, of the house of David: and the virgin's name was Mary. And the angel being come in, said unto her: "Hail, full of grace, the Lord is with thee: blessed art thou among women." Who having heard, was troubled at his saying and thought with herself what manner of salutation this should be. And the angel said to her: "Fear not, Mary, for thou hast found grace with God. Behold thou shalt conceive in thy womb and shalt bring forth a son: and thou shalt call his name Jesus."

### Proper Last Gospel for Quinquagesima Sunday

**Luke 18:31-43**

At that time, Jesus taking to Himself the Twelve said to them, Behold, we are going up to Jerusalem, and all things that have been written by the prophets concerning the Son of Man will be accomplished. For He will be delivered to the Gentiles, and will be mocked and scourged and spit upon; and after they have scourged Him, they will put Him to death; and on the third day He will rise again. And they understood none of these things and this saying was hidden from them, neither did they get to know the things that were being said. Now it came to pass as He drew near to Jericho, that a certain blind man was sitting by the wayside, begging; but hearing a crowd passing by, he inquired what this might be. And they told him that Jesus of Nazareth was passing by. And he cried out, saying, Jesus, Son of David, have mercy on me! And they who went in front angrily tried to silence him. But he cried out all the louder, Son of David, have mercy on me! Then Jesus stopped and commanded that he should be brought to Him. And when he drew near, He asked him, saying, What would you have Me do for you? And he said, Lord, that I may see. And Jesus said to him, Receive your sight, your faith has saved you. And at once he received his sight, and followed Him, glorifying God. And all the people upon seeing it gave praise to God.

## Ash Wednesday and Lent

Lent begins this Wednesday; please see the back page for special Mass schedule. Ash Wednesday is a day of abstinence and fasting. **Abstinence** means refraining from eating any meat, not including fish. **Fasting** means limiting oneself to one full meal per day. It is permissible to eat two other times during the day if the combined quantity does not equal a full meal. The obligation of **abstinence** begins at age 14. Adults are bound to **fast** from age 18-60. Those who are genuinely ill or have a medical condition such as diabetes are also not bound to fast.

The faithful are encouraged to take up voluntary penitential acts according to their ability and personal piety, with due regard to the virtue of prudence!



### The Three Traditional Works of Penance:

Prayer, Fasting and Almsgiving

Ordo	Mass and Confession Times	Offices and Devotions	Mass Intentions
<b>Sunday 11/II</b> <b>Our Lady of Lourdes</b> <b>(Quinquagesima)</b> <b>**Guilds**</b>	9:00 Low Mass EM 10:00am Confessions 10:30 High Mass SW 6:30pm Low Mass SW	8:00am Lauds 5:30pm Solemn Vespers <b>6:00pm Beginning of the 40 Hours Devotion</b>	Canon Cristofoli: Elaine and Damian Canon Post: Bishop Paul Swarbrick Canon Ducret: Catherine Sibert
Monday 12/II Votive of the Blessed Sacrament (& The Seven Servites)	8:30 Mass SW 12:00 Mass EM 6:00 Confessions SW	5:30pm Vespers <b>**40 Hours Devotion**</b>	Canon Cristofoli: Anthony Bamber Canon Post: Walther intentions Canon Ducret: Andrea Shufflebotham RIP
Tuesday 13/II Votive of the Blessed Sacrament (Quinquagesima)	8:30 Solemn Mass SW 12:00 Mass EM <b><u>**No Confession*</u></b>	<b>10:00 Benediction and Conclusion of 40 Hours</b> 5:30pm Vespers <b><u>*No Evening Adoration*</u></b>	Canon Cristofoli: Liz Fenton Canon Post: Walther intentions Canon Ducret: Andrew Shufflebotham RIP
Wednesday 14/II Ash Wednesday	8:30 Mass SW 12:00 Mass SW 6:30 Solemn Mass (SW)	5:30pm Vespers	Canon Cristofoli: Alex K Canon Post: Clients of James and Megan Canon Ducret: Joyce Lyons
Thursday 15/II Feria of Lent (Ss Faustinus & Jovita)	8:30 Mass SW 12:00 Mass EM 6:00pm Confessions	<b>*9:15am-6:45pm*</b> <b>*Adoration*</b> 5:30pm Vespers 6:45 Benediction 7pm Compline	Canon Cristofoli: Maria Platt Canon Post: Fr. Bialkowski Canon Ducret: Rohyn Mckendrick RIP
Friday 16/II Feria of Lent	8:30 Low Mass SW 12:00 Low Mass EM 6:00pm Confessions	5:30pm Vespers <b>*6pm Way of the Cross*</b> <b>7pm Men's Conference</b>	Canon Cristofoli: Sylwia Canon Post: In honour of St Joseph Canon Ducret: Fottrell family deceased
Saturday 17/II Feria of Lent	8:30 Mass SW 9:15 Confessions SW 12:00 Mass SW	5:30pm Vespers 6-7pm Adoration 7pm Compline	Canon Cristofoli: Sarah Lawler Canon Post: In honour of St Joseph Canon Ducret: Anthony Sibert
<b>Sunday 18/II</b> <b>First Sunday of Lent</b>	9:00 Low Mass EM 10:00am Confessions 10:30 High Mass SW 6:30pm Low Mass SW	8:00am Lauds 5:30pm Solemn Vespers & Benediction	Canon Cristofoli: Margaret Simpson Canon Post: In honour of St Joseph Canon Ducret: Tracey Bignell

**Liturgy Corner: Ash Wednesday.** The penitential practices of the early Church were much stricter and included many public penances. Ash Wednesday began as a day of penance for those who were excommunicated or obliged to public penance for grave sins and only they would receive ashes. The penitents would be absolved by the Bishop on Holy Thursday so that they could make their Paschal Communion. In the early Middle Ages, the practice was adopted by all of the faithful.





# Announcements

**Saint Walburge's Guilds/Catechism Sundays:** Upcoming family Sundays, 11th and 25th February, 3rd and 17th March (the March dates are advanced by a week to avoid Mother's Day and Palm Sunday).

**\*\*\*First communion preparation:** children of approximately 7 years old and up should attend catechism on Guild Sundays to prepare for their first Holy Communion. Our next first Communions are planned for Easter Sunday.

**Congratulations!** The Holy Sacrament of Matrimony was celebrated this past Saturday between Mr Mark Andrew O'Kane & Miss Clarence Rhea Orag in Saint Walburge's Church. May you enjoy many happy and holy years together!



**Sunday, 11th February (6pm)--Tuesday, 13th February (10am)--Forty Hours Devotion!** Prepare a good and holy season of Lent by spending time before our Eucharistic Lord. Please sign up in the back of the church for a time of adoration!

**Ash Wednesday, 14th February:** All Masses will be at Saint Walburge's. 8:30am and 12:00 Low Mass. 5:30pm Vespers. 6:30pm Solemn High Mass. Ashes will be distributed during all three Masses.

**16 February--19 March:** 33-day consecration to Saint Joseph. Follow in the footsteps of our great patriarch and champion. Suggested guidebook "Consecration to St. Joseph: The Wonders of Our Spiritual Father" by Fr. Calloway MIC. We encourage men, women, children and entire families to participate in this devotion! Spiritual conferences, however, will be given to the Spire Men's Club: Friday, 16th February following the Stations of the Cross and Monday, 18th March, following the evening prayers.

**\*\*\*33 Masses for Saint Joseph!** From 16/2 to 19/3, 33 Masses will be offered to entrust our collective intentions to Saint Joseph. Bring your prayer intentions to Canon Post. All Mass offerings will be donated to Saint Benedict's Cultural Centre.

**Saint Walburga Novena:** Following the morning Mass at SW each day, we will pray a novena to our patroness, Saint Walburga, from the 17th to the 25th of February. The feast is transferred to **Monday, 26th February**. The Solemn Mass for the feast will be at 6:30pm.

**Our Safeguarding Representative:** Mr. Peter Dilworth--[peter.dilworth@icksp.org.uk](mailto:peter.dilworth@icksp.org.uk).

**Last week's collections:** SW: £785.05 Bank transfers £660.00 Donations: £10 EM: £96.00

**Saint Benedict's Cultural Centre:** Do you have a child between 5-16 years old? Would you like him or her to attend classes in a thoroughly Catholic environment, following the spirit of Salesian education? Arrange a visit today! [saintbenedicts@icksp.org.uk](mailto:saintbenedicts@icksp.org.uk)



## Thank you very much to our supporters!



The  
**Latin Mass Society**  
OF ENGLAND & WALES

