



# FROM THE SPIRE



News & updates from our Shrine Churches for our community in Preston, Lancashire, England.



## Presbytery Office Hours:

Monday, Tuesday, Thursday,  
Friday and Saturday  
9:30-12 and 2-5

## Saint Benedict's Cultural Centre

saintbenedicts@icksp.org.uk  
www.saintbenedictspreston.com

## Donations:

Institute of Christ the King/St Walburge  
Charity number: 1144783  
Donations via Bank Transfer:  
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Gift Aid forms and offertory envelopes  
can be obtained at the Presbytery.

## CONTACT US

07927965696 Rev. Can. Cristofoli  
07856720900 Rev. Can. Post  
07878170587 Rev. Can. Ducret  
preston@icksp.org.uk



## FOURTH SUNDAY OF LENT - LAETARE

Dear Friends in Christ,

Striking a balance! It is one of the most difficult things to do in life and requires the gift of wisdom. In the maternal wisdom of the Church, she seeks a constant balance between justice and mercy, penance and festivity, rigorism and laxism. She knows that in order for us to grow spiritually, we must be pushed out of our comfort zone. However, if one is pushed too hard and too fast, it often does more damage than good.

Thus, amidst the ascetic exercises of Lent, the Church places this joyful Sunday in rose. It is an opportunity to take a breather and steel ourselves up for the efforts required to finish the penitential season well and approach the Most Holy Day of Our Lord's Passover.

In England, we have the pious tradition of joining Mother's Day to Laetare Sunday. Let's pray for all of our mothers in this community and support them in their difficult task. May all of their sacrifices, seen and unseen, be rewarded in both this life and the next.

In Christ the King,  
Canon Ryan Post

# TRANSLATION OF THE EPISTLE AND GOSPEL

## Fourth Sunday of Lent

### Lesson from the Epistle of St. Paul to the Galatians

#### Gal 4:22-31

Brethren: It is written that Abraham had two sons, the one by a slave-girl and the other by a free woman. And the son of the slave-girl was born according to the flesh, but the son of the free woman in virtue of the promise. This said by way of allegory. For these are the two covenants: one indeed from Mount Sinai bringing forth children unto bondage, which is Agar. For Sinai is a mountain in Arabia, which corresponds to the present Jerusalem, and is in slavery with her children. But that Jerusalem which is above is free, which is our mother. For it is written, Rejoice, O barren one, that do not bear; break forth and cry, you that do not travail; for many are the children of the desolate, more than of her that has a husband. Now we, brethren, are the children of the promise, as Isaac was. But as then he who was born according to the flesh, persecuted him who was born according to the spirit, so also it is now. But what does the Scripture say? Cast out the slave-girl and her son, for the son of the slave-girl shall not be heir with the son of the free woman. Therefore, brethren, we are not children of a slave-girl, but of the free woman - in virtue of the freedom wherewith Christ has made us free.

### Continuation of the Holy Gospel according to John

#### John 6:1-15

At that time, Jesus went away to the other side of the sea of Galilee, which is that of Tiberias. And there followed Him a great crowd, because they witnessed the signs He worked on those who were sick. Jesus therefore went up the mountain, and sat there with His disciples. Now the Passover, the feast of the Jews, was near. When, therefore, Jesus had lifted up His eyes and seen that a very great crowd had come to Him, He said to Philip, Whence shall we buy bread that these may eat? But He said this to try him, for He Himself knew what He would do. Philip answered Him, Two hundred denarii worth of bread is not enough for them, that each one may receive a little. One of His disciples, Andrew, the brother of Simon Peter, said to Him, There is a young boy here who has five barley loaves and two fishes; but what are these among so many? Jesus then said, Make the people recline. Now there was much grass in the place. The men therefore reclined, in number about five thousand. Jesus then took the loaves, and when He had given thanks, distributed them to those reclining; and likewise the fishes, as much as they wished. But when they were filled, He said to His disciples, Gather the fragments that are left over, lest they be wasted. They therefore gathered them up; and they filled twelve baskets with the fragments of the five barley loaves left over by those who had eaten. When the people, therefore, had seen the sign which Jesus had worked, they said, This is indeed the Prophet Who is to come into the world. So when Jesus perceived that they would come to take Him by force and make Him king He fled again to the mountain, Himself alone.



### Novena to Saint Joseph (10th-18th March)

Many of our parishioners will be preparing the  
“Consecration to Saint Joseph” in the days leading up to his feast.  
We also continue to entrust the completion of Saint Benedict’s campus  
at Saint Walburge’s to the great Patriarch.

#### **The Memorare of St Joseph**

*Remember, O most pure spouse of the Blessed Virgin Mary,  
my great protector, Saint Joseph, that no one ever had recourse to your  
protection, or implored your aid without obtaining relief.  
Confiding therefore in your goodness, I come before you. Do not turn down  
my petitions, foster father of the Redeemer,  
but graciously receive them. Amen.*

Ordo	Daily Schedule: Mass, Offices, Confessions, Events	Mass Intentions
<b>Sunday 10/III</b> <b>Fourth Sunday</b> <b>of Lent (Laetare)</b>	8:00am Lauds SW                      10:30 High Mass SW 9:00 Low Mass EM    17:30 Vespers & Benediction 10:00 Confessions SW    18:30pm Low Mass SW	Canon Cristofoli: Geraldine Trevaskis Canon Post: St Joseph-Benedict R. Canon Ducret: Pauline (Polkey) RIP
Monday 11/III Feria of Lent	7.30 Lauds SW                      17:30pm Vespers SW 8:30 Mass SW            18:00 Confessions & Adoration 12:00 Mass EM                      19:00 Compline	Canon Cristofoli: Geraldine Trevaskis Canon Post: St Joseph-Fr Sean Quinlan Canon Ducret: Catherine Sibert
Tuesday 12/III Feria of Lent (St Gregory the Great)	7.30 Lauds SW                      17:30 Vespers 8:30 Mass SW            18:00 Confessions & Adoration 12:00 Mass EM                      19:00 Compline	Canon Cristofoli: Geraldine Trevaskis Canon Post: St Joseph-Nicola R. Canon Ducret: Smith Family
Wednesday 13/III Feria of Lent	8:30 Mass SW                      *No Evening Services* 12:00 Mass SW	Canon Cristofoli: Thanksgiving Ross Canon Post: St Joseph-Brendan Canon Ducret: S. private intention
Thursday 14/III Feria of Lent	7.30 Lauds SW 8:30 Mass SW                      17:30 Vespers SW <b>*9:15-18:45 Adoration*</b> 18:00 Confessions 12:00 Mass EM                      19:00 Compline	Canon Cristofoli: Leon Malcouronnes Canon Post: St Joseph-Tanner C. Canon Ducret: Mathilde Wisselmann
Friday 15/III Feria of Lent	7.30 Lauds SW                      17:30 Vespers 8:30 Mass SW <b>18:00 Confessions &amp; Stations</b> 12:00 Mass EM                      19:00 Compline	Canon Cristofoli: Leon Malcouronnes Canon Post: St Joseph-Michael D. Canon Ducret: S. private intention
Saturday 16/III Feria of Lent	7.30 Lauds SW 8:30 Mass SW                      17:30 Vespers SW 9:15 Confessions SW            18:00 Adoration 12:00 Mass SW                      19:00 Compline	Canon Cristofoli: Don Mansergh RIP Canon Post: St Joseph-Sharon B. Canon Ducret: Frankie conversion
<b>Sunday 17/III</b> <b>Fifth Sunday</b> <b>of Lent (Passiontide)</b>	8:00am Lauds SW                      10:30 High Mass SW 9:00 Low Mass EM    17:30 Vespers & Benediction 10:00 Confessions SW    18:30pm Low Mass SW	Canon Cristofoli: Paule Malcouronnes Can Post: St Joseph-For Lapsed Catholics Canon Ducret: Johan Daviet and Lola RIP

**Liturgy Corner:** Laetare Sunday and Gaudete Sunday (in Lent and Advent) are the only two rose-coloured Sundays in the year. The other liturgical colours are white (Our Lord, Our Lady, Confessors, Virgins, certain votive Masses), red (The Holy Ghost, Martyrs, the Holy Cross), green (Masses of the season after Epiphany or Pentecost), violet (penance), and black (Requiems and Good Friday). On great feasts, gold sometimes replaces white or red. Blue is used in some places by custom or by indult for Masses of Our Lady.

\*Next week begins Passiontide, the most intense part of Lent. It is traditional to cover the statues of the church as a sign of mourning for Our Lord’s imminent passion and death.







# Announcements

**A note about children at Mass:** Saint Walburge's is immensely blessed to have a young vibrant congregation with many little children. If you give your small children toys to play with during Mass, please make sure that they are **soft/quiet toys** (avoid keys, hard blocks, rattles, things with wheels, etc.). In consideration of our hard-working church cleaning volunteers, **please refrain from giving children food** (milk for infants is an obvious exception). Thank you in advance for your cooperation.

**Saint Walburge's Guilds/Catechism Sundays:** Upcoming family Sundays, 17/3 (the March dates are advanced by a week to avoid Mother's Day and Palm Sunday), 14/4, 28/4, 12/5, 26/5 & 9/6.

**\*\*\*First communion preparation:** Attendance at the final catechism (17/3) is mandatory. First Confessions will be during Holy Week; First Communion on Easter Sunday. See Canon Ducret with any questions.

**16 February--19 March:** 33-day consecration to Saint Joseph. Follow in the footsteps of our great patriarch and champion. Next talk for the Spire Men's Club, **Monday, 18th March**. \*\*33 Masses for Saint Joseph! From 16/2 to 19/3, 33 Masses will be offered to entrust our collective intentions to Saint Joseph. Bring your prayer intentions to Canon Post. All Mass offerings will be donated to Saint Benedict's Cultural Centre.

**Congratulations baby Ignatius!** Baby Ignatius, son of Erick and Amy, was baptised yesterday (9th March) and became a child of God and the newest member of our community. May God keep him happy and holy!



**New Class for Catechumens and Neophytes!** Are you a recent convert (within the last three years)? Are you interested in being received into the Catholic Church or learning more about the faith. Join us twice per month on Friday evenings at 7:30. 2nd Class: God, Father and Creator with Canon Post, 15th March. Future dates: 5/IV, 19/IV, 3/V, 17/V, 31/V, 14/VI, 28/VI

**Our Safeguarding Representative:** Mr. Peter Dilworth--[peter.dilworth@icksp.org.uk](mailto:peter.dilworth@icksp.org.uk).

**Last week's collections:** SW: £610.44 Bank transfers £350.00 Donations: £440.00 EM: £98.82

**Saint Benedict's Cultural Centre:** Do you have a child between 5-16 years old? Would you like him or her to attend classes in a thoroughly Catholic environment, following the spirit of Salesian education? Arrange a visit today! [administrator.sbcc@icksp.org.uk](mailto:administrator.sbcc@icksp.org.uk)  
\*\*Donate to Saint Benedicts! Reg charity no. 1177291

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