



FROM THE SPIRE

News & updates from our Shrine Church of
Saint Walburge in Preston, Lancashire.



Sanctissimi Nominis Jesu ~ II. classis

“It is better to remain silent than to speak the truth ill-humouredly,
and spoil an excellent dish by covering it with bad sauce.”
Saint Francis de Sales

Open Day at St Benedict’s Saturday 17th January.
Register Now: saintbenedicts@icks.org.uk

Presbytery Office

Hours:

Monday, Tuesday, Thursday,
Friday and Saturday
9:30-12 and 2-5

Saint Benedict’s Cultural Centre

saintbenedicts@icks.org.uk
www.icks.org.uk/saintbenedicts

Donations:

Institute of Christ the King/St
Walburge Charity number: 1144783

Donations via Bank Transfer:

Name: ICKSP;

Sort Code: 40-10-22;

Account Number: 52347733

Gift Aid forms and offertory
envelopes

can be obtained at the Presbytery.

CONTACT US

07 927 96 56 96 Rev. Can. Cristofoli

07 770142336 Rev. Can. Heppelle

07 771445967 Rev. Can. Bunnens

preston@icks.org.uk

Our Safeguarding Representative:

Mr. Peter Dilworth--

postmaster@dilworth49.plus.com

**SAINT BENEDICT’S
Cultural Centre**



Open Day:
Saturday 17th January 2026

St Benedict's offers:

- A curriculum including English Language & Literature, Maths, Science, Latin, French, Art, Catechism and Gregorian Chant;
- Classes on Tuesdays and Thursdays which complement home-schooling;
- Sisters present in class, making the heart of our Academy beat with their beautiful charism;
- Tutors who are well-credentialed;
- And a team of passionate and engaged volunteers.

We have places available for the academic year starting in September 2026. Please email administrator.sbcc@icks.org.uk to enquire.



You can never have too many pencils



Discovering God's creation with hands-on experiments



Break time in the new play area

Website: www.icks.org.uk/saintbenedicts
Email: saintbenedicts@icks.org.uk **Tel:** 07856 720 900
Contact Address: St Walburge's Presbytery, Weston Street, Preston. PR2 2QE
Come and see!

TRANSLATION OF THE EPISTLE AND GOSPEL

Sanctissimi Nominis Jesu ~ II. classis

Epistle -Acts 4:8-12

In those days, Peter, filled with the Holy Spirit, said, Rulers of the people and elders, if we are on trial today about a good work done to a cripple, as to how this man has been cured, be it known to all of you and to all the people of Israel that in the Name of Jesus Christ of Nazareth, Whom you crucified, Whom God has raised from the dead, even in this Name does he stand here before you, sound. This is 'The stone that was rejected by you, the builders, which has become the cornerstone.' Neither is there salvation in any other. For there is no other name under heaven given to men by which we must be saved.

Gospel-Luke 2:21

At that time, when eight days were fulfilled for the circumcision of the Child, His name was called Jesus, the name given Him by the angel before He was conceived in the womb.



"There is only one problem: to restore to men a spiritual meaning, spiritual concerns, to let something like Gregorian chant rain down upon them. One cannot live on refrigerators, politics, balance sheets, and crossword puzzles, you see! One can no longer live without poetry, color, or love."

A Reasoned Use of Digital Technology

In today's world, screens and digital technologies are everywhere and seem unavoidable. While they bring real benefits, they also present serious risks for our spiritual, social, and personal lives. Digital tools are designed to capture our attention and can easily become addictive, shaping our habits, our way of thinking, and even our relationships.

Simply knowing that technology is addictive is not enough to protect ourselves. True freedom requires the development of good habits and self-discipline. Constant notifications and social media encourage impulsive reactions rather than thoughtful reflection, often distancing us from real life, silence, and prayer. Moreover, intrusive technologies threaten our privacy, which is essential for human dignity, interior life, and personal growth.

Technology itself is not evil and should not be rejected outright. However, its use must be guided by reason and moral responsibility. As Christians, we are called to cultivate our intelligence and will, gifts from God that grow stronger through practice and virtue. By setting limits and adopting a balanced, intentional use of digital tools, we can regain interior freedom.

A reasoned and virtuous approach to technology helps restore what truly nourishes the human soul: reflection, beauty, relationships, and spiritual depth. In this way, digital tools can remain useful servants, rather than becoming masters of our lives.

Prayer Intentions

Please keep in your prayers Arthur and Maxine Frankland, Bob and Jane Latin, Anita, Denis and Margaret Smith, Dennis Brophy, Christopher Moloney, Rosemary Hough, Michael Cross, Alexander, Mark MacKay, and the residents of Swansea Terrace Care Home.

Please pray for our catechumens, Luke, Alexis, Luca, David, Jonathan, Sophie.

Please in your charity could you pray especially for Terry Carradice. We gave the last rites to Terry on 26th December, she is very frail and needs our fraternal love.

Please pray for Barbara Ryann from Swansea Terrace who has been unwell recently.

Congratulations to the Fetherston Family for the birth of little Philip Timothy Leonard, long and holy life to him!

Mass settings: Kyrie VIII and Credo III

Recessional: Adeste Fideles 3

Ordo	Daily Schedule:		Mass Intentions
Sunday 4/01 The Most Holy Name of Jesus	8am Confessions 8.30am Low Mass 10am Confessions 10.30am High Mass	5.30pm Vespers & Benediction (no confessions) 6.30pm Low Mass	Canon Cristofoli: Petra Zesati Mendez RIP Canon Heppelle: Breda Foynes RIP Canon Bunnens: Souls in Purgatory
Monday 5/01 Feria Mass as 1 st January	8.30am Low Mass (Church closed at 10am)	Church open at 5:30 6pm Epiphany Water Blessing	Canon Cristofoli: Winnie Flynn RIP Canon Heppelle: Special Intention Canon Bunnens: Souls in Purgatory
Tuesday 6/01 Epiphany of the Lord 1 st Class, Holy day of Obligation	8.30am Low Mass	5.30pm Vespers and Benediction 6.30pm Sung Mass & Blessing of Gold Myrrh and Frankincense, of chalk	Canon Cristofoli: Arthur Olmeltree RIP Canon Heppelle: Stephen Foynes Canon Bunnens: Souls in Purgatory
Wednesday 7/01 Feria, Mass of the Epiphany	8.30am Low Mass (Church closed at 9:30am)	(Church closed at 9:30am)	Canon Cristofoli: Philomena Maddaford RIP Canon Heppelle: Kate Canon Bunnens: Souls in Purgatory
Thursday 8/01 Feria, Mass of the Epiphany	8.30am Low Mass 9.15am Exposition of the Blessed sacrament All Day Adoration	5.30pm Vespers 6pm-6.40pm Adoration and Confessions 6.45 Benediction	Canon Cristofoli: Pat Nixon RIP Canon Heppelle: Daragh Roche Canon Bunnens: Souls in Purgatory
Friday 9/01 Feria, Mass of the Epiphany	8.30am Low Mass 7pm catechism Sacred Liturgy	5.30pm Vespers 6pm-6.40pm Adoration and Confessions 6.45 Benediction	Canon Cristofoli: Linda Clemance RIP Canon Heppelle: Rerek O'Neill Canon Bunnens: Souls in Purgatory
Saturday 10/01 Our Lady on Saturday	8.30am Low Mass 9:15-9.45am Confessions <u>Catechumens</u> <u>catechism:10:30-11:30am</u>	5.30pm Vespers 6pm-6.40pm Adoration and Confessions 6.45 Benediction	Canon Cristofoli: Peter Brauteseth RIP Canon Heppelle: Special Intention Canon Bunnens: Souls in Purgatory
Sunday 11/01 The Holy Family of Jesus, Mary and Joseph	8am Confessions 8.30am Low Mass 10am Confessions 10.30am High Mass	5.30pm Vespers & Benediction (no confessions) 6.30pm Low Mass	Canon Cristofoli: Julia Carr RIP Canon Heppelle: Special Intention Canon Bunnens: Souls in Purgatory

Confessions can also be arranged privately by texting a Canon (see front page)

⌘ For Life Matters and helplines: see <https://lifecharity.org.uk>;
for prolife helpline <https://www.goodcounselnet.co.uk> and
for abortion recovery see <https://www.rachelsvineyard.org.uk>



For your diary

- ⌘ **Catechism about Sacred Liturgy:** 9th January, 6th February, 6th March; 7pm at St Walburge's Rectory
- ⌘ **Children's Eucharistic Adoration Society:** one Wednesday/month, 2-4pm Guided adoration by the canons and the sisters; craft and games, afternoon tea: 28th January, 25th February, 25th March, 29th April. Please bring children to the church hall.
- ⌘ **Guild Sundays:** 10:30 High Mass, 12noon packed lunch, 12.30 Conferences for all. **Next Guild: 18th January**
- ⌘ **St Joseph's Boys Club:** A regular event in the evening for fathers and sons to gather together and learn about valuable life skills, such as map reading, team building exercises, camping expedition preparations and much more. The meetings run for approximately 1 hour. It is strictly for fathers to participate with their sons (7-18 years of age). **Next meeting Friday 16th January 7.10pm**
- ⌘ **Catechumens catechism:** Saturday 10th January 10:30-11:30am at St Walburge's Presbytery
- ⌘ **St Margaret Mary Girls' youth club:** The convent of the Sister Adorers of the Royal Heart is open for an afternoon of fun, activities and faith from 2.00pm-5.15pm. The event is open to young girls of 13-18 years old. Please see Sister Isabel-Marie for further details. Next opportunities are: 31st January, 21st February, 14th March, 18th April.
- ⌘ **Would you like to join our Choir?** Contact Rev Canon Bunnens chn.bunnens@iersp.org

Our Christmas flowers were offered in loving memory of Mrs Joyce Lyons RIP

Announcements

Dry January for
Catholics is Lent 😊



Last week's collection: £1,068.26 - Bank transfers: £1,735.00 - Donations £350.00

Thank You very much for your continuous generosity!

Thank you very much to our supporters!

