



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

PROPERS OF THE MASS ON JANUARY 29<sup>TH</sup>, 2023

## FEAST OF ST. FRANCIS DE SALES

COMMEMORATION OF THE FOURTH SUNDAY AFTER EPIPHANY

### INTROIT (ECCLES. 45, 8, 9; Ps. 118, 103)

The Lord made an everlasting covenant with him and gave to him the priesthood of the nation and made him blessed in glory: He girded him about with a glorious girdle and clothed him with a robe of glory and crowned him with majestic attire. **Ps.** How sweet are Thy words to my palate, more than honey to my mouth. Glory be to the Father.

### COLLECT

O God, by whose will blessed Francis, Thy Confessor, Bishop and Confessor, became all things unto all men for the salvation of souls: graciously grant, that being filled with the sweetness of Thy love, we may by following his counsels, and helped by his merits, attain unto everlasting joys. Through our Lord.

### COMM. 4<sup>TH</sup> SUNDAY AFTER EPIPHANY

O God, Who knowest that we are beset by perils so great as to be unendurable because of our human frailty, grant us health of mind and body, so that by Thine assistance we may conquer the things with which we are afflicted because of our sins. Through Our Lord Jesus Christ ...

### EPISTLE (EPHESIAN 3, 7-21)

I am made a minister (of the Gospel) according to the gift of the grace of God, which is given unto me according to the operation of His power. Unto me, the least of all the Saints, is given the grace to preach among the Gentiles the unsearchable riches of Christ: and to enlighten all men, that they may see what is the dispensation of the mystery which hath been hidden from eternity in God, Who created all things: that the manifold wisdom of God may be made known to the principalities and powers in heavenly places through the Church, according to the eternal purpose which He made in Christ Jesus our Lord: in Whom we have boldness and access with confidence by the faith of Him. For this cause I bow my knees to the Father of our Lord Jesus Christ, of Whom all paternity in Heaven and earth is named, that He would grant you according to the riches of His glory, to be strengthened by His Spirit with might unto the inward man, that Christ may dwell by faith in your hearts: that being rooted and grounded in charity, you may be able to comprehend with all the Saints, what is the breadth and length, and height and depth: to know also the charity of Christ which surpasseth all knowledge that you may be filled unto all the fullness of God. Now to him who is able to do all things more abundantly than we desire or understand according to the power that worketh in us: To him be glory in the Church and in Christ Jesus, unto all generations, world without end. Amen.

### GRADUAL (ECCLI. 33, 18-19)

See that I have not labored for myself only, but for all that seek discipline. Hear me, ye great men, and all ye people: and harken with your ears, ye rulers of the Church.

### ALLELUIA (PSALM 32, 18)

Alleluia, alleluia. Behold the eyes of the Lord are on them that fear Him: and on them that hope in His mercy. Alleluia.

### GOSPEL (MATTHEW 5, 13-19)

At that time, Jesus said to His disciples: You are the salt of the earth. But if the salt lose its savor, wherewith shall it be salted? It is good for nothing any more but to be cast out, and be trodden on by men. You are the light of the world. A city seated on a mountain cannot be hid. Neither do men light a candle and put it under a bushel but upon a candlestick, that it may shine to all that are before men that they may see your good works, and glorify your Father, Who is in heaven. Do not think that I am come to destroy the law or the prophets: I am not come to destroy, but to fulfil. For amen I say unto you, till heaven and earth pass, one jot or one tittle shall not pass of the law, till all



be fulfilled. He therefore that shall break one of these least commandments, and so shall teach men, shall be called the least in the kingdom of heaven: but he that shall do and teach, he shall be called great in the kingdom of heaven.

### OFFERTORY (APOC. 2, 19)

I know thy works, and thy faith and charity, and thy ministry and patience: and thy last works which are more than the former.

### SECRET

Do Thou, O Lord, by means of this salutary sacrifice which we offer unto Thee, kindle in us that divine fire of the Holy Ghost wherewith Thou didst so wondrously inflame the gentle soul of blessed Francis. Through our Lord... in the unity of the same.

### COMM. 4<sup>TH</sup> SUNDAY AFTER EPIPHANY

Grant we beseech Thee, almighty God, that this sacrifice offered to Thee, may purge us of all evil and fortify our weak nature. Through Our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

### COMMUNION (I COR. 9, 22.)

To the weak I became weak, that I might gain the weak. I became all things to all men, that I might save all.

### POSTCOMMUNION

O God, Who in blessed Francis, Thy Confessor and Bishop, didst bestow upon Thy Church a distinguished minister of Christian perfection, and through him didst deign to enrich her with a new offspring of holy virgins: do Thou, by means of the sacrament which we have received, graciously grant that we may here on earth imitate his charity and gentleness, and attain unto his glory in heaven. Through our Lord.

### COMM. 4<sup>TH</sup> SUNDAY AFTER EPIPHANY

May Thy gifts, O God, free us from the allurements of earthly things, and ever restore us with heavenly nourishment. Through Our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

# ANNOUNCEMENTS

## LITURGICAL CALENDAR FEBRUARY & MARCH 2023

Thu 2 <sup>nd</sup> Feb	The Purification of the Blessed Virgin Mary - Candlemas Day
Sun 5 <sup>th</sup> Feb	External Solemnity of the Purification of the Blessed Virgin Mary – Candlemas Day - Blessing of Candles - Procession
Wed 22 <sup>nd</sup> Feb	Ash Wednesday
Sun 26 <sup>th</sup> Feb	First Sunday in Lent
Tue 7 <sup>th</sup> Mar	St. Thomas Aquinas – Patron of the Institute
Mon 20 <sup>th</sup> Mar	St. Joseph – Spouse of the Blessed Virgin & Patron of the Universal Church
Tue 21 <sup>st</sup> Mar	St. Benedict – Patron of the Institute
Sun 26 <sup>th</sup> Mar	Passion Sunday



## PLENARY INDULGENCE OPPORTUNITY Today, 29<sup>th</sup> January - Feast of St. Francis de Sales

All present for Holy Mass on today's feast day in any church or chapel of the Institute are able to receive a plenary indulgence under the usual conditions (Sacramental confession; Eucharistic Communion; prayer for the intention of the Sovereign Pontiff. It is further required that all attachment to sin, even venial sin, be absent. If the latter disposition is in any way less than perfect or if the prescribed three conditions are not fulfilled, the indulgence will be partial only).

## WHAT IS AN INDULGENCE?

**Code of Canon Law [Can. 992] and the Catechism of the Catholic Church [# 1471] define:** An indulgence is the remission before God of temporal punishment for sins whose guilt is already forgiven, which a properly disposed member of the Christian faithful gains under certain and defined conditions by the assistance of the Church which as minister of redemption dispenses and applies authoritatively the treasury of the satisfactions of Christ and the saints.

**CCC # 1472:** To understand this doctrine and practice of the Church, it is necessary to understand that sin has a double consequence. Grave sin deprives us of communion with God and therefore makes us incapable of eternal life, the privation of which is called the "eternal punishment" of sin. On the other hand every sin, even venial, entails an unhealthy attachment to creatures, which must be purified either here on earth, or after death in the state called Purgatory. This purification frees one from what is called the "temporal punishment" of sin. These two punishments must not be conceived of as a kind of vengeance inflicted by God from without, but as following from the very nature of sin. A conversion which proceeds from a fervent charity can attain the complete purification of the sinner in such a way that no punishment would remain.

### DONATIONS WEEKS 16.01.-22.01.2023

Collection Sunday, January 22 <sup>nd</sup> :	£222.33
Bank transfers:	£215.00
Donations/Mass stipends	£ 30.00
<b>TOTAL</b>	<b>£467.33</b>
Liturgy Fund:	£ 10.00
<b>LITURGY FUND TOTAL JANUARY 22<sup>nd</sup>:</b>	<b>£748.00</b>

*THANK YOU VERY MUCH FOR YOUR CONTINUED GENEROSITY!*

Institute of Christ the King  
Shrewsbury Account Information: Sort Code: 40-45-14  
Account Number: 61855832

## SHREWSBURY WEEKLY SCHEDULE

DAY	DATE	TIME	MASS OF THE DAY	INTENTION
Sun	29 <sup>th</sup> Jan	12:30 pm	Feast of St. Francis de Sales, Patron of the Institute Commem. of the 4 <sup>th</sup> Sunday after Epiphany	PI
Mon	30 <sup>th</sup> Jan	10:00 am	St. Martina, Virgin & Martyr	Thomas James Marsden
Tue	31 <sup>st</sup> Jan	6:30 pm	St. John Bosco, Confessor	Bernard Davis R.I.P.
Wed	1 <sup>st</sup> Feb	7:00 am	St. Ignatius of Antioch, Bishop & Martyr	Bill Quirk RIP
Thu	2 <sup>nd</sup> Feb	6:30 pm	The Purification of the Blessed Virgin Mary	Christine Danilo
Fri	3 <sup>rd</sup> Feb	10:00 am	Votive Mass of the Sacred Heart of Jesus Blessing of the throats (St. Blase)	Eliza Wilkens
Sat	4 <sup>th</sup> Feb	10:00 am	Votive Mass of the Immaculate Heart of Mary First Saturday Devotions	Paul Rechten (healing)
Sun	5 <sup>th</sup> Feb	12:30 pm	External Solemnity of The Purification of the Blessed Virgin Mary Blessing of Candles - Procession	PI

All Masses (also Adoration and Benediction on Tuesday and Thursday) are celebrated at St. Winefride's Church, 187 Crowmere Rd, Shrewsbury SY2 5LA.

Note: Adoration and Benediction on Tuesdays and Thursdays start at 5.30pm before the 6.30pm Mass.

St. Winefride's Presbytery, Mynd Close, Shrewsbury SY2 5LA  
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