



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

PROPERS OF THE MASS ON FEBRUARY 4th, 2024

SEXAGESIMA SUNDAY

INTROIT (Ps. 43:23-26, 2)

Awake! Why are you asleep, O Lord? Arise! Cast us not off forever! Why do you hide your face and forget our troubles? Our bodies are pressed to the earth. Arise, O Lord, help us, and free us! O God, our ears have heard, our fathers have spoken to us. *V* Glory be . . .

COLLECT

O God, You see that we place no trust in our ability and actions. May the prayers of the Doctor of the Gentiles defend us against all adversity. Through Our Lord . . .

EPISTLE (2 COR. 11:19-33; 12:1-9)

Brethren: For you gladly suffer the foolish: whereas yourselves are wise. For you suffer if a man bring you into bondage, if a man devour you, if a man take from you, if a man be lifted up, if a man strike you on the face. I seek according to dishonour, as if we had been weak in this part. Wherein if any man dare (I speak foolishly), I dare also. They are Hebrews: so am I. They are Israelites: so am I. They are the seed of Abraham: so am I.

They are the ministers of Christ (I speak as one less wise): I am more; in many more labours, in prisons more frequently, in stripes above measure, in deaths often. Of the Jews five times did I receive forty stripes save one. Thrice was I beaten with rods: once I was stoned: thrice I suffered shipwreck: a night and a day I was in the depth of the sea. In journeying often, in perils of waters, in perils of robbers, in perils from my own nation, in perils from the Gentiles, in perils in the city, in perils in the wilderness, in perils in the sea, in perils from false brethren: In labor and painfulness, in much watching, in hunger and thirst, in fastings often, in cold and nakedness: Besides those things which are without: my daily instance, the solicitude for all the churches. Who is weak, and I am not weak? Who is scandalized, and I am not on fire? If I must needs glory, I will glory of the things that concern my infirmity. The God and Father of our Lord Jesus Christ, who is blessed for ever, knoweth that I lie not. At Damascus, the governor of the nation under Aretas the king, guarded the city of the Damascenes, to apprehend me. And through a window in a basket was I let down by the wall: and so escaped his hands. If I must glory (it is not expedient indeed) but I will come to visions and revelations of the Lord. I know a man in Christ: above fourteen years ago (whether in the body, I know not, or out of the body, I know not: God knoweth), such a one caught up to the third heaven. And I know such a man (whether in the body, or out of the body, I know not: God knoweth): That he was caught up into paradise and heard secret words which it is not granted to man to utter. For such an one I will glory: but for myself I will glory nothing but in my infirmities. For though I should have a mind to glory, I shall not be foolish: for I will say the truth. But I forbear, lest any man should think of me above that which he seeth in me, or anything he heareth from me. And lest the greatness of the revelations should exalt me, there was given me a sting of my flesh, an angel of Satan, to buffet me. For which thing, thrice I besought the Lord that it might depart from me. And he said to me: My grace is sufficient for thee: for power is made perfect in infirmity. Gladly therefore will I glory in my infirmities, that the power of Christ may dwell in me.



The Parable and the Sower, from Das Plenarium, Hans Leonhard Schäußlein, 1517, Metropolitan Museum of Art, New York

GRADUAL (PSALM 82: 19, 14)

Let the nations know that You whose name is God, alone are the Most High over all the earth. *V* O my God, whirl them about like chaff before the wind!

TRACT, (Ps. 59: 4, 6)

You have shaken the earth, O Lord, and thrown it into confusion. *V* Repair the cracks in it, for it is tottering. *V* That they may flee out of bowshot; that Your chosen ones may escape.

GOSPEL (LUKE 8: 4-15)

At that time, when a very great multitude was gathered together and hastened out of the cities, unto him, he spoke by a similitude. "The sower went out to sow his seed. And as he sowed, some fell by the way side. And it was trodden down: and the fowls of the air devoured it. And other some fell upon a rock. And as soon as it was sprung up, it withered away, because it had no moisture. And other some fell among thorns. And the thorns growing up with it, choked it. And other some fell upon good ground and,

being sprung up, yielded fruit a hundredfold." Saying these things, he cried out: "He that hath ears to hear, let him hear." And his disciples asked him what this parable might be. To whom he said: "To you it is given to know the mystery of the kingdom of God; but to the rest in parables, that 'seeing they may not see and hearing may not understand.' Now the parable is this: The seed is the word of God. And they by the way side are they that hear: then the devil cometh and taketh the word out of their heart, lest believing they should be saved. Now they upon the rock are they who when they hear receive the word with joy: and these have no roots: for they believe for a while and in time of temptation they fall away. And that which fell among thorns are they who have heard and, going their way, are choked with the cares and riches and pleasures of this life and yield no fruit. But that on the good ground are they who in a good and perfect heart, hearing the word, keep it and bring forth fruit in patience."

OFFERTORY (Ps. 16: 5, 6-7)

Keep my steps steadfast in Your paths, that my feet may not falter. Incline Your ear and hear my words. Show Your wondrous kindness, O Savior of those who trust in You, O Lord.

SECRET

May the sacrifice we offer You, O Lord, bring us new life and keep us safe. Through our Lord . . .

COMMUNION (Ps. 42: 4)

I will go in to the altar of God, to God who gives joy to my youth.

POSTCOMMUNION

Almighty God, we humbly ask that those who are nourished with Your Sacrament may live a life of worthy service pleasing to You. Through Our Lord . . .

ANNOUNCEMENTS



ST. SCHOLASTICA

Twin sister of Saint Benedict and patron of benedictine nuns. Her feast is on the 10th of February.

Painting by the studio of Gwyneth Thompson-Briggs, c2020

LITURGICAL CALENDAR FEB & MAR 2024

Wed 14 th Feb	Ash Wednesday
Thu 7 th Mar	Feast of St. Thomas Aquinas
Tue 19 th Mar	Feast of St. Joseph – Spouse of the Blessed Virgin & Patron of the Universal Church
Thu 21 st Mar	Feast of St. Benedict of Nursia
Sun 24 th Mar	Palm Sunday
Thu 28 th Mar	Holy Thursday
Fri 29 th Mar	Good Friday
Sat 30 th Mar	Holy Saturday
Sun 31 st Mar	Easter Sunday

ASH WEDNESDAY - 14th February Blessing, Imposition of the Ashes and Mass at 12:15 pm

On Ash Wednesday holy Mass (preceded by blessing and imposition of the ashes) will be celebrated at **12:15 pm**.

The Mass at 10:00 am is cancelled that day.

PRAYERS FOR THE SICK

Dear Faithful, please feel free to send us the names of those members of your families and friends who are suffering from sicknesses and for whom you ask for prayers. Please find below this week's list with names of those in need of our prayers.

Prayers for the Sick: Sue, Mary, Christine, Ruth, Helen, Jacqui, Teresa, Gyöngyi, Hannah, Grace, Anna, Deborah, Zoe, Isabella, Sophie, Abigail, Sharon, Clarice, Doreen, Grace, Beverley, Alex, Bozena, Peggy, Jude, Peter, Stephen, Martin, David, Mick, Joe, Tom, Felix, Lajos, Toby, Henry, John, Michael, George, Graham, Colin, Andrew.

DONATIONS WEEKS 22.01.-28.01.2024

Collection Sunday, January 28 th :	£221.40
Bank transfers:	£485.00
Cash Donations/Mass stipends	£
00.00	
TOTAL	£706.40

Included in these donations are:	
Liturgy Fund:	£ 20.00

**LITURGY FUND TOTAL JANUARY 28th:
£1,560.00**

THANK YOU VERY MUCH FOR YOUR CONTINUED GENEROSITY!

Institute of Christ the King
Shrewsbury Account Information: Sort Code: **40-45-14**
Account Number: **61855832**

SHREWSBURY WEEKLY SCHEDULE

DAY	DATE	TIME	MASS OF THE DAY	INTENTION
SUN	4 th Feb	12:30 pm	Sexagesima Sunday	PI
MON	5 th Feb	10:00 am	St. Agatha, Virgin & Martyr	Frances Rechten
TUE	6 th Feb	6:30 pm	St. Titus, Confessor & Bishop	Thomas James Marsden
WED	7 th Feb	10:00 am	St. Romuald, Abbot	Deceased member of the Kemp Family
THU	8 th Feb	6:30 pm	St. John of Matha, Confessor	Deceased member of the Danilo Family
FRI	9 th Feb	10:00 am	St. Cyril of Alexandria, Bishop, Confessor & Doctor of the Church	Ranulph
SAT	10 th Feb	10:00 am	St. Scholastica, Virgin	James
SUN	11 th Feb	12:30 pm	Quinquagesima Sunday	PI

All Masses (also Adoration and Benediction on Tuesday and Thursday) are celebrated at St. Winefride's Church, 187 Crowmere Rd, Shrewsbury SY2 5LA.

Note: Adoration and Benediction on Tuesdays and Thursdays start at 5.30pm before the 6.30pm Mass.

St. Winefride's Presbytery, Mynd Close, Shrewsbury SY2 5RA
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