



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

PROPERS OF THE MASS ON MARCH 10th, 2024

FOURTH SUNDAY IN LENT (LAETARE)

INTROIT (Is. 66: 10, 11; Ps. 121: 1)

Rejoice, O Jerusalem, and come together all you who love her. rejoice with joy, you who have been in sorrow, that you may exalt, and be filled from the abundance of your consolation.

Ps. 121:1. I rejoice at the tidings that were told me, "We shall go into the house of the Lord." *V* Glory be . . .

COLLECT

O Almighty God, we are being justly punished for our sins, but comfort us with Your grace, that we may live. Through Our Lord . . .

EPISTLE (Gal. 4: 22-31)

Brethren: For it is written that Abraham had two sons: the one by a bondwoman and the other by a free woman. But he who was of the bondwoman was born according to the flesh: but he of the free woman was by promise. Which things are said by an allegory. For these are the two testaments. The one from Mount Sinai, engendering unto bondage, which is Agar. For Sina is a mountain in Arabia, which hath affinity to that Jerusalem which now is: and is in bondage with her children. But that Jerusalem which is above is free: which is our mother. For it is written: Rejoice, thou barren, that bearest not: break forth and cry thou that travailest not: for many are the children of the desolate, more than of her that hath a husband. Now we, brethren, as Isaac was, are the children of promise. But as then he that was born according to the flesh persecuted him that was after the spirit: so also it is now. But what saith the scripture? "Cast out the bondwoman and her son: for the son of the bondwoman shall not be heir with the son of the free woman." So then, brethren, we are not the children of the bondwoman but of the free: by the freedom wherewith Christ has made us free.

GRADUAL (Ps. 121: 1, 7)

I rejoice at the tidings that were told me, "We shall go into the house of the Lord." *V* May peace be within your walls, and prosperity within your towers.

TRACT (Ps. 124: 1-2)

They who trust in the Lord are like Mount Sion; he who dwells in Jerusalem shall never be moved. *V* Mountains are round about it, and the Lord is round about His people, from henceforth and forever.

GOSPEL (Jn. 6: 1-15)

At that time, After these things Jesus went over the sea of Galilee, which is that of Tiberias. And a great multitude followed him, because they saw the miracles which he did on them that were diseased. Jesus therefore went up into a mountain: and there he sat with his disciples. Now the pasch, the festival day of the Jews, was near at hand. When

Jesus therefore had lifted up his eyes and seen that a very great multitude cometh to him, he said to Philip: "Whence shall we buy bread, that these may eat?" And this he said to try him: for he himself knew what he would do.

Philip answered him: "Two hundred pennyworth of bread is not sufficient for them that every one may take a little." One of his disciples, Andrew, the brother of Simon Peter, saith to him: "There is a boy here that hath five barley loaves and two fishes. But what are these among so many?" Then Jesus said: "Make the men sit down."

Now, there was much grass in the place. The men therefore sat down, in number about five thousand. And Jesus took the loaves: and when he had given thanks, he distributed to them that were set down. In like manner also of the fishes, as much as they would. And when they were filled, he said to his disciples: "Gather up the fragments that remain, lest they be lost." They gathered up therefore and filled twelve baskets with the fragments of the five barley loaves which remained over and above to them that had eaten.

Now those men, when they had seen what a miracle Jesus had done, said: "This is of a truth the prophet that is to come into the world." Jesus therefore, when he knew that they would come to take him by force and make him king, fled again into the mountains, himself alone.

OFFERTORY (Ps. 134: 3, 6)

Praise ye the Lord, for He is good: sing ye to His Name, for He is sweet: whatsoever He pleased, He hath done in heaven and in earth.

SECRET

Look favorably upon these present Sacrifices, we beseech Thee, O Lord, that they may profit us both unto devotion and salvation. Through our Lord Jesus Christ, Thy Son, who liveth and reigneth . . .

COMMUNION (Ps. 121: 3, 4)

The sparrow hath found herself a house, and the turtle a nest, where she may lay her young ones: Thine altars, O Lord of hosts, my King, and my God: blessed are they that dwell in Thy house, they shall praise Thee for ever and ever.

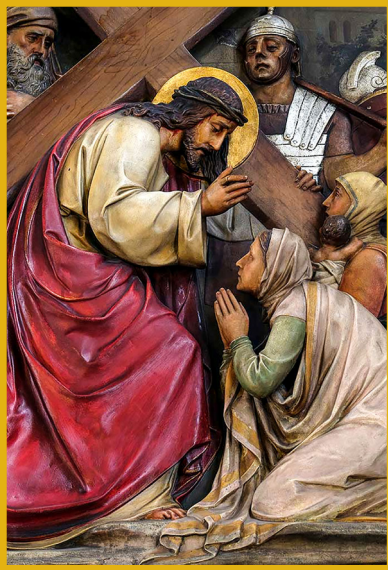
POSTCOMMUNION

Look favorably upon these present Sacrifices, we beseech Thee, O Lord, that they may profit us both unto devotion and salvation. Through our Lord Jesus Christ, Thy Son, who liveth and reigneth ...

ABOVE: *Golden Rose of Pius VIII, 1830*



ANNOUNCEMENTS



STATIONS OF THE CROSS

Every
Friday
in Lent
after Mass

Station 8: Women of Jerusalem weep over Jesus

Triduum Paschale 2024

Holy Thursday, March 28th: 6:30 pm

Adoration at The Altar of Repose until Midnight

Good Friday, March 29th: 3:00 pm

Stations of The Cross at 9:00 am

Holy Saturday, March 30th: 8:00 pm

LITURGICAL CALENDAR MAR & APR 2024

Tue 19th Mar Feast of St. Joseph – Spouse of the Blessed Virgin & Patron of the Universal Church

Thu 21st Mar Feast of St. Benedict of Nursia

Sun 24th Mar Palm Sunday

Sun 31st Mar **Easter Sunday**

Mon 8th Apr The Annunciation of the Blessed Virgin Mary (deferred from March 25th)

PRAYERS FOR THE SICK

Most recent update of February 29, 2024: Prayers for the Sick: Sue, Mary, Christine, Ruth, Helen, Jacqui, Teresa, Gyöngyi, Hannah, Grace, Anna, Deborah, Zoe, Isabella, Sophie, Abigail, Sharon, Clarice, Doreen, Grace, Beverley, Alex, Bozena, Peggy, Jude, Helena, Edit, Ági, Magdi, Mónika, Peter, Stephen, Martin, David, Mick, Joe, Tom, Felix, Lajos, Toby, Henry, John, Michael, George, Graham, Colin, Andrew, Ian, Fr Siegfried, Fr István, Józsi, Mark, Simon.

DONATIONS WEEKS 26.02.-03.03.2024

Collection Sunday, March 3rd: £248.06

Bank transfers: £410.00

Cash Donations/Mass stipends £ 00.00

TOTAL £658.06

Included in these donations are:

Liturgy Fund: £ 20.00

LITURGY FUND TOTAL MARCH 3rd: £1,680.00

THANK YOU VERY MUCH FOR YOUR CONTINUED GENEROSITY!

Institute of Christ the King

Shrewsbury Account Information: Sort Code: 40-45-14

Account Number: 61855832

Message from the Cathedral Parish Office:

St Winefrides Parish Hall: We are having to update the fuse board and some other electrical works to make the parish hall at St. Winefrides in-line with current regulations. The total cost is in the region of £1,200. We are looking for any help in terms of donations to help cover these costs. Any donations in a marked envelope will be greatly appreciated. If you would like to undertake a fundraising activity for the works, please contact, Richard at the Cathedral: 01743 290077 to discuss.

Thank you for your generosity.

SHREWSBURY WEEKLY SCHEDULE

DAY	DATE	TIME	MASS OF THE DAY	INTENTION
SUN	10 th Mar	12:30 pm	Fourth Sunday in Lent - Laetare	PI
MO	11 th Mar	10:00 am	Feria in Lent - Mass Deus, in nomine Feria in Lent - Mass Exaudi, Deus	Joseph Francis Stevens
TUE	12 th Mar	6:30 pm	Commemoration St. Gregory	Virginia-Joye Murray & Inez Villelobos
WED	13 th Mar	10:00 am	Feria in Lent - Mass Cum sanctificatus	Virginia-Joye Murray & Inez Villelobos
THU	14 th Mar	6:30 pm	Feria in Lent - Mass Laetetur cor Feria in Lent - Mass Meditatio	Virginia-Joye Murray & Inez Villelobos
FRI	15 th Mar	10:00 am	Followed by Stations of the Cross	Virginia-Joye Murray & Inez Villelobos
SAT	16 th Mar	10:00 am	Feria in Lent - Mass Sitientes	Virginia-Joye Murray & Inez Villelobos
SUN	17 th Mar	12:30 pm	Passion Sunday	PI

All Masses (also Adoration and Benediction on Tuesday and Thursday) are celebrated at St. Winefride's Church, 187 Crowmere Rd, Shrewsbury SY2 5LA.

Note: Adoration and Benediction on Tuesdays and Thursdays start at 5.30pm before the 6.30pm Mass.

St. Winefride's Presbytery, Mynd Close, Shrewsbury SY2 5RA
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