



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

PROPERS OF THE MASS ON MARCH 30th, 2025

FOURTH SUNDAY IN LENT

INTROIT (Is. 66: 10, 11; Ps. 121: 1)

Rejoice, O Jerusalem, and come together all you who love her. rejoice with joy, you who have been in sorrow, that you may exalt, and be filled from the abundance of your consolation. **Ps. 121:1.** I rejoice at the tidings that were told me, "We shall go into the house of the Lord."
 ✠ Glory be . . .

COLLECT

O Almighty God, we are being justly punished for our sins, but comfort us with Your grace, that we may live. Through Our Lord . . .

EPISTLE (GAL. 4: 22-31)

Brethren: For it is written that Abraham had two sons: the one by a bondwoman and the other by a free woman. But he who was of the bondwoman was born according to the flesh: but he of the free woman was by promise. Which things are said by an allegory. For these are the two testaments. The one from Mount Sinai, engendering unto bondage, which is Agar. For Sina is a mountain in Arabia, which hath affinity to that Jerusalem which now is: and is in bondage with her children. But that Jerusalem which is above is free: which is our mother. For it is written: Rejoice, thou barren, that bearest not: break forth and cry thou that travailest not: for many are the children of the desolate, more than of her that hath a husband. Now we, brethren, as Isaac was, are the children of promise. But as then he that was born according to the flesh persecuted him that was after the spirit: so also it is now. But what saith the scripture? "Cast out the bondwoman and her son: for the son of the bondwoman shall not be heir with the son of the free woman." So then, brethren, we are not the children of the bondwoman but of the free: by the freedom wherewith Christ has made us free.

GRADUAL (Ps. 121: 1, 7)

I rejoice at the tidings that were told me, "We shall go into the house of the Lord." ✠ May peace be within your walls, and prosperity within your towers.

TRACT (Ps. 124: 1-2)

They who trust in the Lord are like Mount Sion; he who dwells in Jerusalem shall never be moved. ✠ Mountains are round about it, and the Lord is round about His people, from henceforth and forever.

Très Riches Heures du duc de Berry: English: The Feeding of the Multitude, Limbourg brothers, (Herman, Paul, and Johan Van Lymborch), 1411 and 1416, Condé Museum inside the Château de Chantilly, France

GOSPEL (JN. 6: 1-15)

At that time, After these things Jesus went over the sea of Galilee, which is that of Tiberias. And a great multitude followed him, because they saw the miracles which he did on them that were diseased. Jesus therefore went up into a mountain: and there he sat with his disciples. Now the pasch, the festival day of the Jews, was near at hand. When Jesus therefore had lifted up his eyes and seen that a very great multitude cometh to him, he said to Philip: "Whence shall we buy bread, that these may eat?" And this he said to try him: for he himself knew what he would do. Philip answered him: "Two hundred pennyworth of bread is not sufficient for them that every one may take a little." One of his disciples, Andrew, the brother of Simon Peter, saith to him: "There is a boy here that hath five barley loaves and two fishes. But what are these among so many?" Then Jesus said: "Make the men sit down." Now, there was much grass in the place. The men therefore sat down, in number about five thousand. And Jesus took the loaves: and when he had given thanks, he distributed to them that were set down. In like manner also of the fishes, as much as they would. And when they were filled, he said to his disciples: "Gather up the fragments that remain, lest they be lost." They gathered up therefore and filled twelve baskets with the fragments of the five barley loaves which remained over and above to them that had eaten. Now those men, when they had seen what a miracle Jesus had done, said: "This is of a truth the prophet that is to come into the world." Jesus therefore, when he knew that they would come to take him by force and make him king, fled again into the mountains, himself alone.



OFFERTORY (Ps. 134: 3, 6)

Praise ye the Lord, for He is good: sing ye to His Name, for He is sweet: whatsoever He pleased, He hath done in heaven and in earth.

SECRET

Look favorably upon these present Sacrifices, we beseech Thee, O Lord, that they may profit us both unto devotion and salvation. Through our Lord Jesus Christ, Thy Son, who liveth and reigneth . . .

COMMUNION (Ps. 121: 3, 4)

The sparrow hath found herself a house, and the turtle a nest, where she may lay her young ones: Thine altars, O Lord of hosts, my King, and my God: blessed are they that dwell in Thy house, they shall praise Thee for ever and ever.

POSTCOMMUNION

Look favorably upon these present Sacrifices, we beseech Thee, O Lord, that they may profit us both unto devotion and salvation. Through our Lord Jesus Christ, Thy Son, who liveth and reigneth ...

ANNOUNCEMENTS

STATIONS OF THE CROSS - AFTER MASS ON FRIDAY



Calvary of Karl I of Austria and Station 9 - Jesus falls the third time, Made by Lőrinc Siklódy, Zsolt Hernádi (bronze casting), Zoltán Varga (conservator) in 2013 (originally 1927). Tihany, Veszprém County, Hungary

CHURCH CLEANING AND SUNDAY RECEPTIONS

Please contact Canon Wiener if you are able and willing to help in one or both of these departments of the apostolate. Again: the more helpers are available the lighter the burden for all. Thank you very much for considering this important request.

canon.wiener@institute-christ-king.org; 07311-443323.

PRAYERS FOR THE SICK

Most recent update of February 26th, 2025: Sue, Mary, Christine, Ruth, Helen, Jacqui, Teresa, Gyöngyi, Hannah, Grace, Anna, Deborah, Zoe, Isabella, Sophie, Abigail, Sharon, Clarice, Doreen, Grace, Beverley, Alex, Bozena, Peggy, Jude, Helena, Edit, Ági, Magdi, Mónika, Peter, Stephen, Martin, David, Mick, Joe, Tom, Felix, Toby, Henry, John, Michael, George, Graham, Colin, Andrew, Ian, Fr Siegfried, Fr István, Mark, Simon, Jennifer, Simon, Janet, Michael, Rose, Anna, Jo, Fr Zoltán, Ildikó, Gareth, Attila, Anya, Fr Gábor, Évi, Mavis, Alison, Mel, Alice, Father Feri, Father McGuinness.

LITURGICAL CALENDAR APRIL & MAY 2025

Sun 13 th Apr	Palm-Sunday
Thu 17 th Apr	Holy Thursday
Fri 18 th Apr	Good Friday
Sat 19 th Apr	Vigil of Easter
Sun 20 th Apr	Easter Sunday
Thu 1 st May	St. Joseph the Worker
Sun 4 th May	Second Sunday after Easter – May Crowning
Thu 29 th May	The Ascension of Our Lord Jesus Christ

DONATIONS WEEK 17.03.-23.03.2025

COLLECTION SUNDAY MARCH 23 rd :	£187.80
BANK TRANSFERS:	£245.00
CASH DONATIONS/MASS STIPENDS:	£ 40.00
TOTAL	£472.80
INCLUDED IN THESE DONATIONS ARE:	
LITURGY FUND:	£ 30.00
LITURGY FUND MARCH 23 rd :	£583.77

THANK YOU VERY MUCH FOR YOUR GENEROSITY AND CONTINUOUS SUPPORT.

Institute of Christ the King
Shrewsbury Account Information: Sort Code: 40-45-14
Account Number: 61855832

Safeguarding contact information - The Cathedral-parish safeguarding representative is Tony Burns.
Contact email: safeguarding@shrewsburycathedral.co.uk or via the Parish Office on 01743 290000 and the diocesan safeguarding coordinator is Andrew O'Brien (0151 652 9855).

SHREWSBURY WEEKLY SCHEDULE

DAY	DATE	TIME	MASS OF THE DAY	INTENTION
SUN	30 th Mar	12:30 pm	Fourth Sunday in Lent - "Laetare"	Chris Keens
MON	31 st Mar	10:00 am	Feria in Lent - Mass Deus, in nomine	Josephine Robertson
TUE	1 st Apr	6:30 pm	Feria in Lent - Mass Exaudi, Deus	Anya (healing)
WED	2 nd Apr	10:00 am	Feria in Lent - Mass Cum sanctificatus Comm. St. Francis of Paula	Deacon Charles Outtier RIP
THU	3 rd Apr	6:30 pm	Votive Mass of Jesus Christ Sovereign & Eternal High Priest Comm. Feria	Elizabeth RIP
FRI	4 th Apr	10:00 am	Votive Mass of the Sacred Heart of Jesus Comm. Feria	In reparation to the Holy Face
			Stations of the Cross at 11:00 am in the church	
SAT	5 th Apr	10:00 am	Votive Mass of the Immaculate Heart of Mary Comm. Feria	The President of the United States of America
SUN	6 th Apr	12:30 pm	Passion Sunday	PI

All Masses (also Adoration and Benediction on Tuesday and Thursday) are celebrated at St. Winefride's Church, 187 Crowmere Rd, Shrewsbury SY2 5LA.

Note: Adoration and Benediction on Tuesdays and Thursdays start at 5.30pm before the 6.30pm Mass.

St. Winefride's Presbytery, Mynd Close, Shrewsbury SY2 5RA
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