



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

PROPERS OF THE MASS ON SEPTEMBER 14<sup>th</sup>, 2025

## FEAST OF THE EXALTATION OF THE HOLY CROSS



### INTROIT (GALATIANS 6: 14)

But it behooves us to glory in the cross of Our Lord Jesus Christ: in Whom is our salvation, life, and resurrection; by Whom we are saved and delivered. **Ps.** May God have mercy on us, and bless us; may He cause the light of His countenance to shine upon us, and may He have mercy on us. Glory be to the Father.

### COLLECT

O God, Who dost gladden us this day by the annual solemnity of the exaltation of the Holy Cross, grant, we beseech Thee, that, as we have known its mystery on earth, we may deserve in heaven the reward which it had purchased. Through the same our Lord.

### EPISTLE (PHILIPPIANS 2: 5-11)

Brethren, let this mind be in you which was also in Jesus Christ: Who, being in the form of God, thought it not robbery to be equal with God but emptied Himself, taking the form of a servant, being made in the likeness of men, and in habit found as a man. He humbled Himself, becoming obedient even unto death, even to the death of the cross. For which cause God also hath exalted Him, and hath given Him a Name which is above all names: [All kneel] that in the Name of Jesus every knee should bow, of those that are in Heaven, on earth, and under the earth and that every tongue should confess that the Lord Jesus Christ is in the glory of God the Father.

### GRADUAL (PHILIPPIANS 2: 8, 9)

Christ became obedient for us unto death: even the death of the cross. **V** For which cause also God hath exalted Him and hath given Him a name which is above all names.

### ALLELUIA (Ps. 87: 2)

Alleluia, alleluia. **V** Sweet the wood, sweet the nails, sweet the load that hangs there-on: thou only wast worthy to bear the King and Lord of Heaven. Alleluia.

### GOSPEL (JOHN 12: 31-36)

At that time: Jesus said to the multitude of the Jews: Now is the judgment of the world: now shall the prince of this world be cast out. And I, if I be lifted up from the earth, will draw all things to Myself. (Now this He said, signifying what death He should die.) The multitude answered Him: We have heard out of the law, that Christ abideth forever: and how sayest Thou, The Son of man must be lifted up? Who is the Son of man? Jesus therefore said to them: Yet a little while, the light is among you. Walk whilst you have the light, that the darkness overtake you not. And he that walketh in darkness knoweth not whither he goeth. Whilst you have the light, believe in the light; that you may be the children of light.

### OFFERTORY

Through the sign of the holy cross, protect Thy people, O Lord, from the snares of all enemies, that we may pay Thee a pleasing service, and our sacrifice be acceptable.

### SECRET

Being about to be fed with the Body and Blood of Jesus Christ our Lord, through Whom the banner of the Cross was sanctified, we beseech Thee, O Lord, our God, that, as we have had the grace to adore it, so we may forever enjoy the effect of its salutary glory. Through the same our Lord.

### COMMUNION (PSALM 78: 2, 11)

Through the sign of the cross deliver us from our enemies, O Thou, our God.

### POSTCOMMUNION

Be Thou with us, O Lord, our God, and as Thou dost make us rejoice in honour of the holy Cross, defend us also by its perpetual assistance. Through our Lord.

*ABOVE: The three crosses are discovered in Jerusalem. The three were put to a test. The one that was the True Cross healed an injured young man, while the other two had no effect. Image from the Legend of the True Cross fresco by Piero della Francesca, between 1452 and 1466, at the Church of San Francesco in Arezzo.*

# ANNOUNCEMENTS

## LITURGICAL CALENDAR SEPTEMBER & OCTOBER 2025

|                                |  |
|--------------------------------|--|
| Sun 14 <sup>th</sup> September | The Exaltation of the Holy Cross                                 |
| Mon 15 <sup>th</sup> September | The Seven Sorrows of the Blessed Virgin Mary                     |
| Mon 29 <sup>th</sup> September | The dedication of St. Michael the Archangel                      |
| Sun 26 <sup>th</sup> October   | The feast of Christ the King<br>(Titular feast of the Institute) |



### TODAY

#### VISIT BY SISTERS ADORERS

On Sunday, September 14<sup>th</sup>, the feast of the Exaltation of the Holy Cross, we will have the joy and honor to receive the visit of the community of Sisters Adorers in Preston. They will sing the Mass ("Nos autem gloriari oportet ...") and join us after Mass in the hall during the usual reception. At 3:00 pm they will give a talk and answer questions regarding the spiritual charism of the Institute's Adorers.

### PRAYERS FOR THE SICK

Most recent update of September 8<sup>th</sup>, 2025: S Sue, Mary, Christine, Ruth, Helen, Jacqui, Teresa, Gyöngyi, Hannah, Grace, Anna, Deborah, Zoe, Isabella, Sophie, Abigail, Sharon, Clarice, Doreen, Grace, Beverley, Alex, Bozena, Peggy, Jude, Helena, Edit, Ági, Magdi, Mónika, Peter, Stephen, Martin, David, Mick, Joe, Tom, Felix, Toby, Henry, John, Michael, George, Graham, Colin, Andrew, Ian, Fr Siegfried, Fr István, Mark, Simon, Jennifer, Simon, Janet, Michael, Rose, Anna, Jo, Fr Zoltán, Ildikó, Gareth, Attila, Anya, Fr Gábor, Évi, Mavis, Alison, Mel, Alice, Father Feri, baby Peter, Siobhan, Nicholas.

**Safeguarding contact information** - The Cathedral parish safeguarding representative is Tony Burns. Contact email: [safeguarding@shrewsburycathedral.co.uk](mailto:safeguarding@shrewsburycathedral.co.uk) or via the Parish Office on 01743 290000 and the diocesan safeguarding coordinator is Andrew O'Brien (0151 652 9855).



*Saint Francis of Assisi Receiving the Stigmata, Giotto, between 1295 and 1300, Musée du Louvre Paris*

## 17<sup>th</sup> SEPTEMBER

It was just three days after the Exaltation of the Holy Cross in the year 1224. Saint Francis was staying on the mountain retreat of La Verna, fasting and preparing for the Feast of St. Michael. While praying he had a vision of a seraph on a cross who gave Francis the stigmata.

La Verna was given to Saint Francis in 1213 by Count Orlando of Chiusi, who also built there the chapel of Santa Maria degli Angeli. La Verna is one of the most important Franciscan monasteries.

### DONATIONS WEEK 01.09.-7.09.2025

|   |                |
|---|----------------|
| COLLECTION SUNDAY SEPTEMBER 7 <sup>th</sup> :       | £142.00        |
| BANK TRANSFERS:                                     | £235.00        |
| CASH DONATIONS/MASS STIPENDS:                       | £ 00.00        |
| <b>TOTAL</b>  | <b>£377.00</b> |
| INCLUDED IN THESE DONATIONS ARE:                    |                |
| LITURGY FUND:                                       | £ 10.00        |
| <b>TOTAL LITURGY FUND September 7<sup>th</sup>:</b> | <b>£248.77</b> |

*THANK YOU VERY MUCH FOR YOUR GENEROSITY  
AND CONTINUOUS SUPPORT.*

Institute of Christ the King  
Shrewsbury Account Information:  
Sort Code: **40-45-14** Account Number: **61855832**

## SHREWSBURY WEEKLY SCHEDULE

| DAY | DATE                 | TIME     | MASS OF THE DAY  | INTENTION                         |
|-----|----------------------|----------|--|-----------------------------------|
| SUN | 14 <sup>th</sup> Sep | 12:30 pm | Exaltation of the Holy Cross   | Pope Leo XIV (Birthday Intention) |
| MO  | 15 <sup>th</sup> Sep | 10:00 am | The Seven Sorrows of the Blessed Virgin Mary   | Johann                            |
| TUE | 16 <sup>th</sup> Sep | 6:30 pm  | St. Cornelius, Pope & Martyr<br>St. Cyprian, Bishop & Martyr   | Susanna                           |
| WED | 17 <sup>th</sup> Sep | 10:00 am | Commemoration of the Imprinting of the Holy Stigmata on the Body of St. Francis of Assisi, Confessor | Gabriela                          |
| THU | 18 <sup>th</sup> Sep | 6:30 pm  | St. Joseph of Cupertino, Confessor   | Sarah Cox conversion              |
| FRI | 19 <sup>th</sup> Sep | 10:00 am | St. Januarius, Bishop & Martyr & his Companions, Martyrs   | Paulina & John                    |
| SAT | 20 <sup>th</sup> Sep | 10:00 am | Our Lady of Saturday   | Ronaldo Pradines de Mendonca RIP  |
| SUN | 21 <sup>st</sup> Sep | 12:30 pm | Fifteenth Sunday after Pentecost<br>Comm. St. Matthew, Apostle & Evangelist                          | CD                                |

All Masses (also Adoration and Benediction on Tuesday and Thursday) are celebrated at St. Winefride's Church, 187 Crowmere Rd, Shrewsbury SY2 5LA.

Note: Adoration and Benediction on Tuesdays and Thursdays start at 5.30pm before the 6.30pm Mass. (★ But are cancelled on 26 and 28 August)

St. Winefride's Presbytery, Mynd Close, Shrewsbury SY2 5RA  
Rev. Canon Michael Wiener, Prior of the House of Saint Chad  
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