



# INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

## Propers of the Mass on February 22<sup>nd</sup>, 2026

### FIRST SUNDAY IN LENT

#### INTROIT (Ps. 90: 15, 16, 1)

He shall call upon Me, and I will answer him, I will deliver him and glorify him with length of days. He who dwells in the shelter of the Most High shall abide in the protection of the God of heaven.

#### COLLECT

O God, each year You purify the Church through the lenten observance. May the good works of Your Church obtain for us the grace we ask for through our self-denial. Through our Lord Jesus Christ, Your Son, who lives and rules with You in the unity of the Holy Spirit, one God forever and ever.

#### EPISTLE (2 COR. 6: 1-10)

Brethren: We do exhort you that you receive not the grace of God in vain. For he saith: In an accepted time have I heard thee and in the day of salvation have I helped thee. Behold, now is the acceptable time: behold, now is the day of salvation. Giving no offense to any man, that our ministry be not blamed.

But in all things let us exhibit ourselves as the ministers of God, in much patience, in tribulation, in necessities, in distresses, in stripes, in prisons, in seditions, in labors, in watchings, in fastings, in chastity, in knowledge, in longsuffering, in sweetness, in the Holy Ghost, in charity unfeigned, in the word of truth, in the power of God: by the armor of justice on the right hand and on the left: By honor and dishonor: by evil report and good report: as deceivers and yet true: as unknown and yet known: As dying and behold we live: as chastised and not killed: As sorrowful, yet always rejoicing: as needy, yet enriching many: as having nothing and possessing all things.

#### GRADUAL (Ps. 90: 11, 12)

God has given his angels charge over you, that they guard you in all your ways. ✠ Upon their hands they shall bear you up, lest you dash your foot against a stone.

#### TRACT, (Ps. 90: 1-7, 11-16)

He who dwells in the shelter of the Most High shall abide in the protection of the God of heaven. ✠ He shall say to the Lord, "You are my support and my refuge; my God, in You I trust." ✠ For he hath delivered me from the snare of the hunters: and from the sharp word. ✠ He will overshadow thee with his shoulders: and under his wings thou shalt trust. ✠ His truth shall compass thee with a shield: thou shalt not be afraid of the terror of the night. ✠ Of the arrow that flieth in the day, of the business that walketh about in the dark: of invasion, or of the noonday devil. ✠ A thousand shall fall at thy side, and ten thousand at thy right hand: but it shall not come nigh thee. ✠ For he hath given his angels charge over thee; to keep thee in all thy ways. ✠ In their hands they shall bear thee up: lest thou dash thy foot against a stone. ✠ Thou shalt walk upon the asp and the basilisk: and thou shalt trample underfoot the lion and the dragon. ✠ Because he hoped in me I will deliver him: I will protect him because he hath known my name. ✠ He shall cry to me, and I will hear him: I am with him in tribulation, ✠ I will deliver him, and I will glorify him. I will fill him with length of days; and I will shew him my salvation.



*Temptations of Christ, Sandro Botticelli, between 1481 and 1482, Sistine Chapel, Vatican - This is one of the frescos on the Northern Wall which has scenes from the life of Christ. The temptations are shown across the top of the fresco and the angels ministering to Jesus on the centre left.*

#### GOSPEL (Mt. 4: 1-11)

At that time, Jesus was led by the spirit into the desert, to be tempted by the devil. And when he had fasted forty days and forty nights, afterwards he was hungry. And the tempter coming said to him: "If thou be the Son of God, command that these stones be made bread." Who answered and said: "It is written, Not in bread alone doth man live, but in every word that proceedeth from the mouth of God." Then the devil took him up into the holy city, and set him upon the pinnacle of the temple, And said to him: "If thou be the Son of God, cast thyself down, for it is written: That he hath given his angels charge over thee, and in their hands shall they bear thee up, lest perhaps thou dash thy foot against a stone." Jesus said to him: "It is written again: Thou shalt not tempt the Lord thy God." Again the devil took him up into a very high mountain, and shewed him all the kingdoms of the world, and the glory of them, And said to him: "All these will I give thee, if falling down thou wilt adore me." Then Jesus saith to him: "Begone, Satan: for it is written: The Lord thy God shalt thou adore, and him only shalt thou serve." Then the devil left him; and behold angels came and ministered to him.

#### OFFERTORY (Ps. 90: 4, 5)

The Lord will cover you with His shoulders, and under His wings you shall find refuge. His truth shall surround you with a shield.

#### SECRET

O Lord, we solemnly offer You our sacrifice at the beginning of Lent, and pray that by observing abstinence we may also learn to avoid sinful pleasures. Through our Lord . . .

#### COMMUNION (Ps. 90: 4, 5)

The Lord will cover you with His shoulders, and under His wings you shall find refuge. His truth shall surround you with a shield.

#### POSTCOMMUNION

May the worthy reception of the Blessed Sacrament give us new strength, O Lord. May it cleanse us from our old selves and bring us closer to our salvation. Through our Lord . . .

# ANNOUNCEMENTS



## ST. PETER DAMIAN 23<sup>rd</sup> February Mass 10:30am

He was born in Ravenna around 1007. Thanks to his brother Damianus, who was archpriest at Ravenna, he received a good education. For the help he gave, Peter took this brother's name as part of his own.

He was made a cardinal in 1057 and played an active role in the Church during difficult times. He was an earnest reformer, famously the author of the Book of Gomorrah and other influential works. He was made a Doctor of the Church by Pope Leo XII on 27 September 1828.

\*Pope Benedict XVI described him as "one of the most significant figures of the 11th century, ... a lover of solitude and at the same time a fearless man of the Church, committed personally to the task of reform."  
[\*This quote is from Wikipedia.]

## LITURGICAL CALENDAR FEBRUARY & MARCH 2026

Wed 18th February	Ash Wednesday - Mass at 6:30 pm
Sat 7th March	St. Thomas Aquinas, Co-Patron of the Institute
Thu 19th March	St. Joseph – Patron of the Church
Sat 21st March	St. Benedict of Nursia, Co-Patron of the Institute
Wed 25th March	The Annunciation - Mass at 6:30 pm

## AFTER SUNDAY MASS IN THE PARISH HALL REFRESHMENTS AND OUR NEW PIETY SHOP

Please join us after Sunday Mass in the hall for refreshments and fellowship with our families. The new piety shop has various tasteful religious gifts on display and awaits your visit. There you can purchase medals, candles, rosaries, prayer cards and much more. All proceeds benefit exclusively the young community of our Sister Adorers in Preston.

## FEAST OF THE ANNUNCIATION – MARCH 25TH

CHANGE OF MASS TIME: MASS WILL BE AT 6:30 PM

## PRAYERS FOR THE SICK

Most recent update of February 17th, 2026: Sue, Mary, Helen, Teresa, Gyöngyi, Hannah, Deborah, Isabella, Grace, Alex, Bozena, Helena, Edit, Ági, Magdi, Mónika, Peter, Stephen, Martin, Mick, Joe, Tom, Felix, Henry, John, Graham, Colin, Andrew, Ian, Fr Siegfried, Fr István, Mark, Simon, Jennifer, Simon, Anna, Jo, Fr Zoltán, Gareth, Attila, Fr Gábor, Évi, Mavis, Alison, Alice, Father Feri, Siobhan, Nicholas, Baby Donny, Seb, Anita, Mike.

Safeguarding contact information - The Cathedral parish safeguarding representative is Tony Burns. Contact email: [safeguarding@shrewsburycathedral.co.uk](mailto:safeguarding@shrewsburycathedral.co.uk) or via the Parish Office on 01743 290000 and the diocesan safeguarding coordinator is Andrew O'Brien (0151 652 9855).

## DONATIONS WEEK 09.02.2026-15.02.2026

COLLECTION SUNDAY FEBRUARY 15TH:	£160.00
BANK TRANSFERS:	£270.00
CASH DONATIONS/MASS STIPENDS:	£ 00.00
<b>TOTAL</b>	<b>£430.00</b>
INCLUDED IN THESE DONATIONS ARE:	
LITURGY FUND:	£ 15.00
LITURGY FUND PER FEBRUARY 15TH:	£ 58.11

THANK YOU VERY MUCH FOR YOUR GENEROSITY AND CONTINUOUS SUPPORT.  
Institute of Christ the King  
Shrewsbury Account Information:  
Sort Code: 40-45-14 Account Number: 61855832

# SHREWSBURY WEEKLY SCHEDULE

DAY	DATE	TIME	MASS OF THE DAY	INTENTION
SUN	22 <sup>nd</sup> Feb	12:30 pm	First Sunday in Lent	For our godchildren
MON	23 <sup>rd</sup> Feb	10:00 am	Feria in Lent - Mass Sicut oculi Comm. St. Peter Damian	Lily Stevens
TUE	24 <sup>th</sup> Feb	6:30 pm	St. Matthias, Apostle Comm. Feria in Lent	For world peace
WED	25 <sup>th</sup> Feb	10:00 am	Wednesday of Ember Week in Lent - Mass Reminiscere	Lily Stevens
THU	26 <sup>th</sup> Feb	6:30 pm	Feria in Lent - Mass Confessio	Louis Stevens
FRI	27 <sup>th</sup> Feb	10:00 am	Friday of Ember Week in Lent - Mass De necessitatibus Comm. St. Gabriel of Our Lady of Sorrows Stations of the Cross after Mass	Yvonne Conroy
SAT	28 <sup>th</sup> Feb	10:00 am	Saturday of Ember Week in Lent - Mass Intret	Tina Ginty RIP
SUN	1 <sup>st</sup> Mar	12:30 pm	Second Sunday in Lent	Shanice Lilburn

All Masses (also Adoration and Benediction on Tuesday and Thursday) are celebrated at St. Winefride's Church, 187 Crowmere Rd, Shrewsbury SY2 5LA.

Note: Adoration and Benediction on Tuesdays and Thursdays start at 5.30pm before the 6.30pm Mass.

St. Winefride's Presbytery, Mynd Close, Shrewsbury SY2 5RA  
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