



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Propers of the Mass on March 8th, 2026

THIRD SUNDAY IN LENT

INTROIT (Ps. 24: 15, 16, 1, 2)

My eyes are ever toward the Lord, for He shall free my feet from the snare. Look upon me, and have pity on me, for I am alone and wretched. **Ps. 24:1-2.** I have lifted up my soul to You, O my God; in You I place my trust. Let me not be put to shame. **V** Glory be ...

COLLECT

We beseech Thee, O almighty God, look upon the desires of the humble: and stretch forth the right hand of Thy Majesty to be our defense. Through Our Lord . . .

EPISTLE (EPH. 5: 1-9)

Brethren: Be ye therefore followers of God, as most dear children: And walk in love, as Christ also hath loved us and hath delivered himself for us, an oblation and a sacrifice to God for an odour of sweetness. But fornication and all uncleanness or covetousness, let it not so much as be named among you, as becometh saints: Or obscenity or foolish talking or scurrility, which is to no purpose: but rather giving of thanks. For know you this and understand: That no fornicator or unclean or covetous person (which is a serving of idols) hath inheritance in the kingdom of Christ and of God. Let no man deceive you with vain words. For because of these things cometh the anger of God upon the children of unbelief. Be ye not therefore partakers with them. For you were heretofore darkness, but now light in the Lord. Walk then as children of the light. For the fruit of the light is in all goodness and justice and truth.

GRADUAL (Ps. 9: 20, 4)

Arise, O Lord, let not man prevail; let the nations be judged in Your presence. **V** When my enemies shall be turned back, they shall be weakened and destroyed before you.

TRACT (Ps. 122: 1-3)

To You who are enthroned in heaven, have I lifted up my eyes. **V** Behold, as the eyes of servants are on the hands of their masters. **V** And as the eyes of a maid are on the hands of her mistress, so are our eyes on the Lord, our God, until He have pity on us. **V** Have mercy on us, O Lord, have mercy.

GOSPEL (Lk. 11: 14-28)

At that time, Jesus was casting out a devil: and the same was dumb. And when he had cast out the devil, the dumb spoke: and the multitudes, were in admiration at it. But some of them said: "He casteth out devils by Beelzebub, the prince of devils." And others tempting, asked of him a sign from heaven. But he seeing their thoughts, said to them: "Every kingdom divided against itself shall be brought to desolation; and house upon house shall fall. And if Satan also be divided against himself, how shall his kingdom stand? Because you say that through Beelzebub I cast out devils. Now if I cast out devils by Beelzebub, by whom do your children cast them out? Therefore, they shall be your judges. But if I by the finger of God cast out devils, doubtless the kingdom of God is come upon you. When a strong man armed keepeth his court, those things are in peace which he possesseth. But if a stronger than he come upon him and overcome him, he will take away all his armour wherein he trusted and will distribute his spoils. He that is not with me is against me; and he that gathereth not with me scattereth. When the unclean spirit is gone out of a man, he walketh through places without water, seeking rest: and not finding, he saith: I will return into my house whence I came out. And when he is come, he findeth it swept and garnished. Then he goeth and

taketh with him seven other spirits more wicked than himself: and entering in they dwell there. And the last state of that man becomes worse than the first." And it came to pass, as he spoke these things, a certain woman from the crowd, lifting up her voice, said to him: "Blessed is the womb that bore thee and the paps that gave thee suck." But he said: "Yea rather, blessed are they who hear the word of God and keep it."



Exorcising a boy possessed by a demon, from Très Riches Heures du Duc de Berry, 15th century, Limbourg Brothers, Musée Condé, Chantilly, France

OFFERTORY (Ps. 18: 9, 11, 12)

The precepts of the Lord are right, rejoicing the heart, and His judgments are sweeter than honey and the honeycomb; for Your servant observes them.

SECRET

May this Victim, O Lord, we beseech Thee, cleanse away our sins: and by sanctifying Thy servants in body and mind, make them fit to celebrate this Sacrifice. Through Our Lord . . .

COMMUNION (Ps. 83: 4, 5)

The sparrow has found herself a home, and the turtledove a nest in which to lay her young -- Your altars, O Lord of hosts, my king and my God! Blessed are they who dwell in Your house; they shall praise You forever and ever.

POSTCOMMUNION

In Thy mercy, we beseech Thee, O Lord, do Thou from all guilt and peril absolve us, whom Thou grantest to be sharers in so great a mystery. Through Our Lord . . .

ANNOUNCEMENTS



STATIONS OF THE CROSS

During Lent we have Stations of the Cross on Fridays. *Please note the following time information:*

If Mass is at the usual time of 10:00am, Stations of the Cross will be *after* Mass.

If Mass time changes to 6:30pm, Stations of the Cross will be *beforehand at 5.30pm.*

Above: 6th Station - Veronica wipes the face of Jesus

HOLY WEEK SCHEDULE 2026

April 2nd - Holy Thursday: 6:30 pm

April 3rd - Good Friday: 3:00 pm

April 4th - Holy Saturday: 8:00 pm

CHANGE IN OUR SCHEDULE

FEAST OF THE ANNUNCIATION – WEDNESDAY MARCH 25th
SUNG MASS AT 6:30 PM

PRAYERS FOR THE SICK

Most recent update of March 2nd, 2026: Sue, Mary, Helen, Teresa, Gyöngyi, Hannah, Deborah, Isabella, Grace, Alex, Bozena, Helena, Peter, Stephen, Martin, Mick, Tom, Henry, John, Colin, Andrew, Ian, Fr Siegfried, Fr István, Mark, Jennifer, Simon, Anna, Jo, Fr Zoltán, Gareth, Fr Gábor, Évi, Mavis, Alison, Alice, Father Feri, Siobhan, Nicholas, Baby Donny, Seb.

LITURGICAL CALENDAR FEBRUARY & MARCH 2026

Thu 19th March St. Joseph – Patron of the Church
Sat 21st March St. Benedict of Nursia, Co-Patron of the Institute
Wed 25th March **The Annunciation - Mass at 6:30 pm**

AFTER SUNDAY MASS IN THE PARISH HALL REFRESHMENTS AND OUR NEW PIETY SHOP

Please join us after Sunday Mass in the hall for refreshments and fellowship with our families. The new piety shop has various tasteful religious gifts on display and awaits your visit. There you can purchase medals, candles, rosaries, prayer cards and much more. All proceeds benefit exclusively the young community of our Sister Adorers in Preston.

DONATIONS WEEK 23.02.2026-01.03.2026

COLLECTION SUNDAY MARCH 1ST:	£135.50
BANK TRANSFERS:	£250.00
CASH DONATIONS/MASS STIPENDS:	£ 20.00
TOTAL	£405.50
INCLUDED IN THESE DONATIONS ARE:	
LITURGY FUND:	£ 15.00
LITURGY FUND PER MARCH 1ST:	£ 88.11

THANK YOU VERY MUCH FOR YOUR GENEROSITY AND CONTINUOUS SUPPORT.

Institute of Christ the King
 Shrewsbury Account Information:
 Sort Code: **40-45-14** Account Number: **61855832**

Safeguarding contact information - The Cathedral parish safeguarding representative is Tony Burns. Contact email: safeguarding@shrewsburycathedral.co.uk or via the Parish Office on 01743 290000 and the diocesan safeguarding coordinator is Andrew O'Brien (0151 652 9855).

SHREWSBURY WEEKLY SCHEDULE

DAY	DATE	MASS TIME	MASS OF THE DAY	INTENTION
SUN	8 th Mar	12:30 pm	Third Sunday in Lent	Elizabeth Dulston's intentions
MON	9 th Mar	10:00 am	Monday of the Third Week in Lent- Mass In Deo Comm. St. Frances of Rome	Dolores Lazazzera RIP
TUE	10 th Mar	6:30 pm	Tuesday of the Third Week of Lent - Mass Ego clamavi Comm. The Forty Holy Martyrs	Joseph Stevens
WED	11 th Mar	10:00 am	Wednesday of the Third Week in Lent - Mass Ego autem	Richard McCann RIP
THU	12 th Mar	6:30 pm	Thursday of the Third Week in Lent - Mass Salus Populi Comm. St. Gregory I	Paul Billington
FRI	13 th Mar	10:00 am	Friday of the Third Week in Lent - Mass Fac mecum Stations of the Cross	Chris Keens RIP
SAT	14 th Mar	10:00 am	Saturday of the Third Week in Lent - Mass Verba mea	Beverley Raw
SUN	15 th Mar	12:30 pm	Fourth Sunday in Lent - Laetare Sunday	Natascha Kainer

All Masses (also Adoration and Benediction on Tuesday and Thursday) are celebrated at St. Winefride's Church, 187 Crommere Rd, Shrewsbury SY2 5LA.
 Note: Adoration and Benediction on Tuesdays and Thursdays start at 5.30pm before the 6.30pm Mass.

St. Winefride's Presbytery, Mynd Close, Shrewsbury SY2 5LA
 Rev. Canon Michael Wiener, Prior of the House of Saint Chad
 email: canon.wiener@institute-christ-king.org telephone: **07311 44 33 23**
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