



INSTITUTE OF CHRIST THE KING SOVEREIGN PRIEST

Propers of the Mass on September 13th, 2026

SIXTEENTH SUNDAY AFTER PENTECOST



INTROIT (Ps. 85: 3, 5, 1)

Have mercy on me, O Lord, for I have cried to Thee all the day; for Thou, O Lord, art sweet and mild and plenteous in mercy to all that call upon Thee. **Ps.** Incline Thy ear to me, O Lord, and hear me; for I am needy and poor. **V** Glory be to the Father.

COLLECT

O Lord, we pray Thee that Thy grace may always precede and follow us, and make us continually intent upon all good works. Through our Lord.

EPISTLE EPH. 3: 13-21)

Brethren: I pray you not to faint at my tribulations for you, which are your glory. For this cause I bow my knees to the Father of our Lord Jesus Christ, of whom all paternity in heaven and earth is named, that He would grant you, according to the riches of His glory, to be strengthened by His Spirit with might unto the inward man. That Christ may dwell by faith in your hearts; that being rooted and founded in charity, you may be able to comprehend with all the saints, what is the breadth and length, and height, and depth. To know also the charity of Christ, which surpasseth all knowledge; that you may be filled unto all the fullness of God. Now to Him who is able to do all things more abundantly than we desire or understand, according to the power that worketh in us: to Him be glory in the Church, and in Christ Jesus, unto all generations, world without end. Amen.

GRADUAL (Ps. 101: 16-17)

The Gentiles shall fear Thy name, O Lord, and all the kings of the earth Thy glory. **V** For the Lord hath built up Sion, and He shall be seen in His majesty.

ALLELUIA (Ps. 97: 1)

Alleluia, alleluia. **V** Sing ye to the Lord a new canticle, because the Lord hath done wonderful things. Alleluia.

GOSPEL (Lk. 14: 1-11)

At that time, when Jesus went into the house of one of the chief of the Pharisees on the Sabbath day to eat bread, they watched Him. And behold, there was a certain man before Him that had dropsy: and Jesus answering, spoke to the lawyers and Pharisees, saying: Is it lawful to heal on the Sabbath day? But they held their peace: but He taking him, healed him, and sent him away. And answering them, He said: Which of you shall have an ass or an ox fall into a pit, and will not immediately draw him out on the Sabbath day? And they could not answer Him these things. And He spoke a parable also to them that were invited, marking how they chose the first seats at the table, saying to them: When thou art invited to a wedding, sit not down in the first place, lest perhaps one more honorable than thou be invited by him; and he that invited thee and him, come and say to thee: Give this man place; and then, thou begin with shame to take the lowest place. But when thou art invited, go, sit down in the lowest place: that when he who invited thee cometh, he may say to thee: Friend, go up higher: then shalt thou have glory before them that sit at table with thee: because everyone that exalteth himself shall be humbled, and he that humbleth himself shall be exalted.

OFFERTORY (Ps. 39: 14, 15)

Look down, O Lord, to help me; let them be confounded and ashamed that seek after my soul to take it away; look down, O Lord, to help me.

SECRET

Cleanse our hearts, we beseech Thee, O Lord, through the effects of this sacrifice: and in Thy mercy make us worthy to partake thereof. Through our Lord.

COMMUNION (Ps. 70: 16, 17, 18)

O Lord, I will be mindful of Thy justice alone: Thou hast taught me, O God, from my youth, and unto old age and grey hairs, O God, forsake me not.

POSTCOMMUNION

In Thy loving kindness, O Lord, purify our souls, we beseech Thee, and renew them by this heavenly sacrament, that in both the present and future, even our bodies therein may find relief. Through our Lord.

ABOVE: Christ healing the Paralytic at the Pool of Bethesda, Bartolomé Esteban Murillo, between 1667 and 1670, National Gallery, London

ANNOUNCEMENTS



Seven Sorrows of Mary

15th September
Mass 6:30 pm

The Seven Sorrows of Mary (The Ashwellthorpe Triptych), 1519, Master of the Magdalen Legend (c.1483-c.1530), Norfolk Museums Service

LITURGICAL CALENDAR SEPTEMBER & OCTOBER 2026

Mon 14 th September	Exaltation of the Holy Cross
Tue 15 th September	The Seven Sorrows of the Blessed Virgin Mary
Sat 3 rd October	St. Theresa of the Child Jesus
Wed 7 th October	Our Lady of the Holy Rosary
Sat 17 th October	St. Margaret Mary Alacoque

WOULD YOU LIKE TO HAVE A MASS OFFERED FOR SOMEONE? - IT'S EASY!

Please either contact Canon Wiener by **email** at:
canon.wiener@institute-christ-king.org
or by **phone** to: 07311-443323.

Or use an **envelope**: Write the name of the person for whom you wish the Mass to be offered (living or deceased) and enclose your donation in the envelope. Place the envelope in the Sunday collection basket or give it to Canon Wiener.

AFTER SUNDAY MASS IN THE PARISH HALL REFRESHMENTS AND OUR NEW PIETY SHOP

Please join us after Sunday Mass in the hall for refreshments and fellowship with our families. The new piety shop has various tasteful religious gifts on display and awaits your visit. There you can purchase medals, candles, rosaries, prayer cards and much more. All proceeds benefit exclusively the young community of our Sister Adorers in Preston.

Safeguarding contact information - The Cathedral parish safeguarding representative is Tony Burns. Contact email: safeguarding@shrewsburycathedral.co.uk or via the Parish Office on 01743 290000 and the diocesan safeguarding coordinator is Andrew O'Brien (0151 652 9855).

DONATIONS WEEK 31.08.-06.09.2026

COLLECTION SUNDAY SEPTEMBER 6TH: £200.74

BANK TRANSFERS: £485.00

CASH DONATIONS/MASS STIPENDS: £ 75.00

TOTAL £760.74

INCLUDED IN THESE DONATIONS ARE:

LITURGY FUND: £ 10.00

TOTAL LITURGY FUND PER SEPTEMBER 6TH: £48.96

THANK YOU VERY MUCH FOR YOUR GENEROSITY AND CONTINUOUS SUPPORT.

Institute of Christ the King

Shrewsbury Account Information:

Sort Code: **40-45-14** Account Number: **61855832**

PRAYERS FOR THE SICK

Most recent update of June 9th, 2026: Sue, Mary, Helen, Teresa, Gyöngyi, Hannah, Deborah, Isabella, Grace, Alex, Bozena, Helena, Peter, Stephen, Martin, Mick, Tom, Henry, John, Colin, Andrew, Ian, Fr Siegfried, Mark, Jennifer, Simon, Anna, Jo, Fr Zoltán, Gareth, Fr Gábor, Évi, Mavis, Alison, Alice, Father Feri, Siobhan, Nicholas, Baby Donny, Seb, Balazs, Petra, Katherine, Zena, Gujlata Parmar, Janet Smith.

SHREWSBURY WEEKLY SCHEDULE

DAY	DATE	TIME	MASS OF THE DAY	INTENTION
SUN	13 th Sep	12:30 pm	Sixteenth Sunday after Pentecost	Chris Keens RIP
MON	14 th Sep	10:00 am	The Exaltation of the Holy Cross	Mark Francis Highfield
TUE	15 th Sep	6:30 pm	The Seven Sorrows of the Blessed Virgin Mary	Catherine Mary Street
WED	16 th Sep	10:00 am	Ss. Cornelius & Cyprian, Pope & Martyr – Bishop & Martyr	Msgr. Wach
THU	17 th Sep	6:30 pm	Commemoration of the Imprinting of the Holy Stigmata of St. Francis of Assisi	Msgr Schmitz
FRI	18 th Sep	10:00 am	St. Joseph of Cupertino, Confessor	Agnieszka
SAT	19 th Sep	10:00 am	St. Januarius, Bishop & Martyr and his Companions, Martyrs	Betty Robertson RIP
SUN	20 th Sep	12:30 pm	Seventeenth Sunday after Pentecost	Martin Matinez RIP

All Masses (also Adoration and Benediction on Tuesday and Thursday) are celebrated at St. Winefride's Church, 187 Crowmere Rd, Shrewsbury SY2 5LA.

Note: Adoration and Benediction on Tuesdays and Thursdays start at 5.30pm before the 6.30pm Mass.

St. Winefride's Presbytery, Mynd Close, Shrewsbury SY2 5LA
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